

JULY 2011

# the Hummm

free

Arts,  
Entertainment  
& Ideas



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July's Events



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Celtfest Special Insert



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Bringing Naismith Home



The Art of  
Ryan Lotecki  
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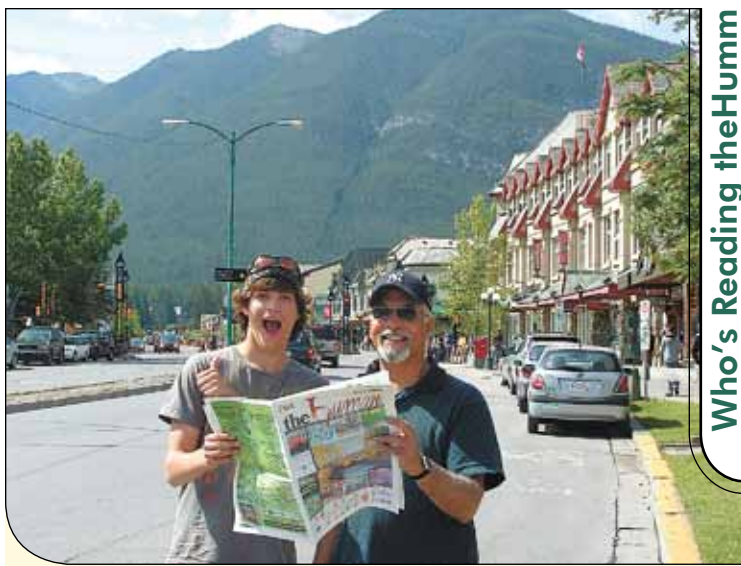
**MERA Needs a Solar Blanket — for a Yurt!**

MERA (McDonalds Corners/Elphin Recreation and Arts) Community Arts program has come up with another amazing and different project for this summer, and is looking for a used pool solar blanket. You may wonder if they are going to build a swimming pool, but no... they are building a yurt, which will be taken to agricultural fairs, fibre festivals, Pioneer Days and other events where MERA weavers and spinners demonstrate their crafts, and where visitors will be encouraged to learn a new skill.

Yurts are traditional homes for Mongolians who travel across the Asiatic Steppes with their herds of sheep — moving frequently as they run out of pasture. The yurt is designed to be lightweight and easily portable, and is made from materials at hand: a wooden frame covered with felted wool, making a light but warm and cosy home. Here in Lanark County we have plenty of wool and wood, and Ompah woodworker Peter Bunnett has already made a yurt frame. The next stage is to make a large felt cover for the frame and this is where the solar blanket would come in useful.

To make the felt, MERA will use large batts of combed sheep fleece, which will be packed down, sprayed with soapy water and pressed down between two layers of the solar blanket. The fun begins when people are asked to dance on top of the blanket. The more dancers, and the faster the dancing, the sooner the felt will be made. MERA is planning to take the felt project to various music festivals in the area. MERA is also looking for old sheer curtains that will be used to wrap up the fleece. Afterwards, the yurt will be decorated by professional artists working with community members to create an attractive and portable travelling exhibition.

If anyone can help by donating either a solar pool blanket or old sheer curtains, please phone Rosie Kotze at 278-2277 or Ankaret Dean at 278-1203.



Back in 2009 Aaron and Arnie Francis went on a road trip to Alberta, and grabbed a shot of themselves enthusiastically reading theHummm in Banff.

Who's Reading theHummm



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*theHummm* is a monthly arts, entertainment and ideas newspaper delivered free to businesses and visitor attractions in Almonte, Perth, Carleton Place, Westport, Pakenham, Carp, Arnprior, Lanark, Smiths Falls, Burnstown, White Lake, Balderson, and Ottawa. Our mandate is to connect and promote people and events in the small towns and rural communities of the Ottawa Valley — where the arts flourish and entertaining characters run amok!

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**Thanks this month to:**  
all the great Bicycle Month volunteers who provided us with so many opportunities throughout the month of June. And to the staff at ADHS for seeing our youngest child through to graduation (yes, we're *that* old...).

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# The Mystique of Ryan Lotecki

Ryan Lotecki is a complex and determined man. He is a serious young artist fast becoming a member of the "new guard" in this area's arts community. By coupling talent and creativity with energy and hard work, he has made huge strides forward in his quest to not be a starving artist.

"A monkey's fist or monkey paw is a type of knot, so named because it looks somewhat like a small bunched fist/paw. It is tied at the end of a rope to serve as a weight, making it easier to throw, and also as an ornamental knot. This type of weighted rope can be used as an improvised weapon, called a slungshot by sailors." Ergo.

by Sally Hansen

Last year, Lotecki and fellow Almonte artist Marcus Kucey-Jones completed a major public art commission awarded to them by the City of Ottawa in 2008. The City's commendable arts policy states that "One percent of funds for new municipal spaces is put aside for public art in order to beautify the space and make art accessible to everyone." Their eighteen white marble sculptures installed along Wellington Street West in Hintonburg (Ottawa West) are an extraordinary asset in the revitalized neighbourhood. Each sculptor conceived and executed nine pieces. All eighteen feature a familiar object (think vegetables, honeycomb, books, camera...) atop a beautifully rendered marble fire hydrant. A stroll along Wellington Street West is highly recommended. Failing that, Ottawa photographer Justin Van Leeuwen provides a look of all eighteen at <a href="http://flickr.com/photos/jvlphoto/5018529478">flickr.com/photos/jvlphoto/5018529478</a>.

## AFHD Avoiding Fire Hydrant Depression

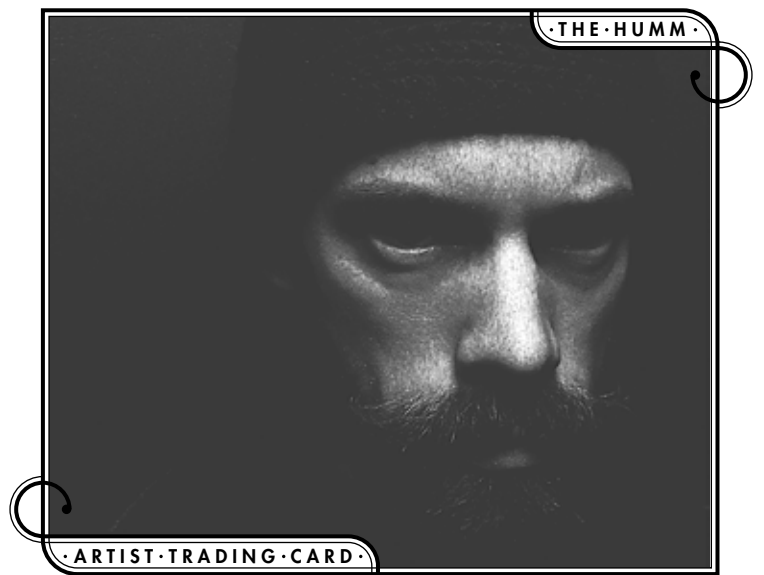
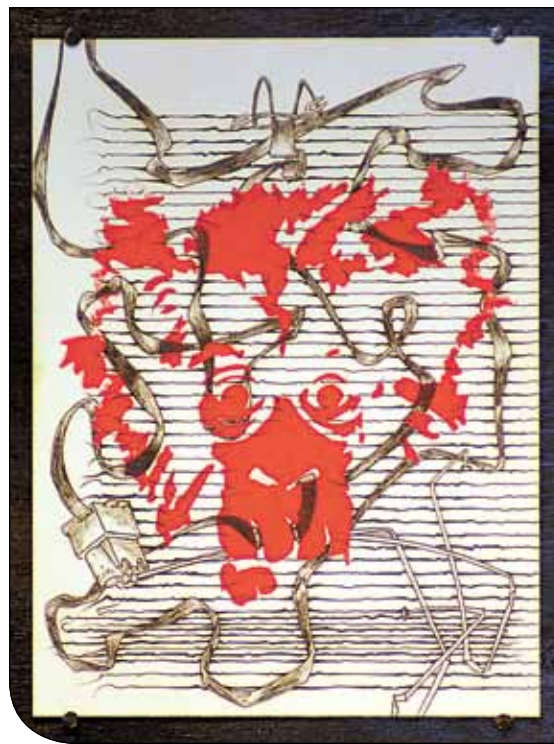
Lotecki has an adventurous spirit and a brain that doesn't rest. During the year and a half he was carving marble sculptures, he devised an antidote to the inevitable post-big-project depression. He contacted a friend who was working as a graphic designer in Winnipeg, and convinced him to move to Almonte to become a partner in a multidisciplinary art and design studio. On March 12, 2011, Rick Herrera and Ryan Lotecki held their first show at the Slungshot Studio headquarters at 3-70 Brae Street. From what I saw, and what you can see at <a href="http://slungshotstudio.com">slungshotstudio.com</a>, the pair are realizing their goal of creating "a creative environment where artists (of all disciplines) and designers come together to collaborate on a wide variety of projects... our main goal is to push contemporary art and design to its limits, constantly experimenting, evolving and innovating the way we look at and perceive art."

Why Slungshot, I hear you ask. As your intrepid Humm arts reporter, I did too. The partners wanted a "visual punch" to brand their new art and design studio. They conceived a logo that looks like a monkey with a fist for a mouth and jaw. (Click on <a href="http://slungshotstudio.com">slungshotstudio.com</a>.) According to Wikipedia,

## ABSA Avoiding Becoming a Starving Artist

After studying drafting in high school in Winnipeg, Lotecki resisted becoming an artist because of the conventional "wisdom" that predicted a life of poverty and isolation. To test himself, he experimented with living like a hermit in primitive conditions. In 1997 he travelled to South America. In 1998 he came to Ottawa and stumbled across the opportunity to work with an exciting group of artists at Northern Art Glass, where he met Almonte's Stephen Brathwaite. Stained glass art soon occupied an important role in Lotecki's panoptic artistic universe. Within two years he was a stained glass instructor for Ottawa Carleton Continuing Education. He learns fast.

He returned to Winnipeg and completed a BFA from the University of Manitoba with a major in sculpture. After graduation he traveled across Europe and returned a year later to see and study more. When he encountered the stunning modern stained glass work of Johannes Schreiter, Lotecki contacted him. Schreiter picked him up at the airport, and Ryan scored an opportunity to work at



Derix Glasstudios in Taunstein, Germany, working on the fabrication of large commissioned pieces designed by internationally renowned artists.

After his return to Winnipeg, Ryan received a Manitoba Arts Council Grant leading to a solo show in Almonte. This opened doors for him that led to his working with glass artist Stephen Brathwaite and stone carver Deborah Arnold. It was while working with Arnold that Ryan met sculptor Marcus Kucey-Jones and the two began collaboration on their successful application for the City of Ottawa commission.

## AS&S Avoiding Stereotyping and Stagnation

In his spare time, Lotecki writes songs. On Sunday, July 17, at 7PM, The Billy Markhams are premiering his collection, entitled *The Abyss Hymnal*, at the monthly musical soirée at Heirloom Café Bistro, 7 Mill Street in Almonte. In keeping with his perplexing persona, Lotecki is not revealing his mystery co-performers. A call to the Café was equally unrevealing, so you'll have to attend to learn more about this facet of Lotecki's diversified artistic endeavours. Suffice it to say that his plans involve the publication of a book and video, and the efforts of many collaborators from a variety of disciplines (musicians, videographers, artists, performers...). So much for isolation.

Ryan and I got off to a bad start. He avoids art that concerns itself with birds and flowers. I'm a bird photographer and a gardener. He wouldn't let me take his photograph for the Humm's traditional Trading Card, even though his photograph appears four times on his own website <a href="http://slungshotstudio.com/index.php?pg=70">slungshotstudio.com/index.php?pg=70</a>. He correctly positioned me squarely in the ranks of the "old guard." But he made me think. He provoked me. He introduced me to Banksy and reminded me of the relevance of street art. He made me reconsider my position on a number of aesthetic and publicity issues. Most importantly, he impressed me with his artistic integrity and talent. I wish him success in becoming a formidable public arts force.

<a href="http://slungshotstudio.com">slungshotstudio.com</a> provides a good glimpse into Ryan Lotecki's multifaceted artistic abilities, and demonstrates his originality in creating a collaborative environment in which to pursue art. It's even more stimulating to talk to him. He can be reached at 256-5182 or <a href="mailto:ryan@slungshotstudio.com">ryan@slungshotstudio.com</a>. Drop in on July 17 to experience the premier of *The Abyss Hymnal* when he is joined by "special guests" at Heirloom Café Bistro at 7 Mill Street in Almonte. Even if the lyrics are not to your taste, the food will be.

## What's Protecting Your Family?

Summer is here and the search for safe effective sunscreen is heating up. Children's young skin is more vulnerable to be damaged by the sun's UVA and UVB rays, with up to 80% of exposure before their 18th birthday. Many sun care products today contain chemical agents and ingredients which are harmful to our health and our environment. So what's protecting your family?

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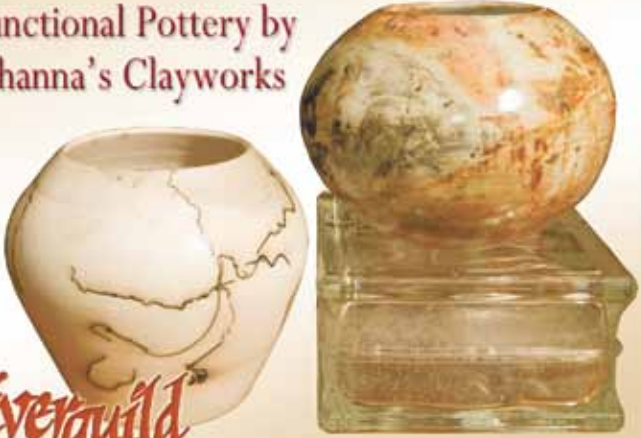


WHO Ryan Lotecki  
 WHAT Artist  
 WHERE Slungshot Studio, by appointment, 3-70 Brae St.,  
 Almonte, 256-5182, <slungshotstudio.com>,  
 <ryan@slungshotstudio.com>  
 WHEN Any time, marble street sculptures, Wellington  
 Ave. W., Hintonburg (Ottawa West);  
 July 17, 7:30-10PM, musical performance,  
 Heirloom Café Bistro, 7 Mill St., Almonte  
 WHY "The viewer is what motivates me to make art."

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Westport Wonders

# Pouting in Westport

My daughter is six now and she is a master of the pout. She's had lots and lots of practice in her short six years on the planet. Her brother tries to compete, Lord how he tries, but she is, hands down, the best pouter in her age group — she's a medal contender. I tell her "it takes more muscles to pout than to smile" but she doesn't know from muscles, nor does she care. I tell her, "turn that frown upside down" but that just brings the gold medal closer to reality.

Robin Banks. Robin hails from Toronto via Texas, via Chicago, via Jamaica, and has honed her blues skills at every stop. Enjoy the bold vocals of Robin with guitarist Mitchell Lewis.

Duke Ellington also wrote: "The wise musicians are those who play what they can master." With this in mind, August brings more blues artists, including the incomparable and masterful Rick Fines and Suzie Vinnick on August 8 and, on August 22, Montreal's Roxanne Potvin with the guitar stylings of Toronto's Christine Bougie.

It's always a good idea to reserve early for these shows. Call the good folks at The Cove Inn at 273-3636 or 1-888-COVEINN.

Other events not to miss in July in the fine village of Westport include some of the very best **Canada Day** celebrations in the region. Do yourself a favour and check out the fireworks display — truly worth waiting for.

And, as always, visit the **Westport Farmers' Market**, held every Saturday morning at 43 Bedford Street (just look for Soho's Storage and a bunch of tents), for fresh locally grown produce, food and artisan products. For more information on the farmers' market or becoming a vendor, call Rebecca at 273-3255.

by Steve Scanlon

But here's the thing — I think I can conquer the pout. The trick is to work with the pout, not work against it. Take the pout and let it work for you. Don't fight the pout. Duke Ellington wrote: "I merely took the energy it takes to pout and wrote some blues." The pout is really just the blues in disguise — I'm buying my baby an electric guitar.

Maybe not electric — the pout isn't loud... she should go acoustic.

The Cove Inn has some converted pouts coming your way this summer in the form of **Acoustic Blue Mondays**. James Doran, president of Choose the Blues Productions and producer of the Blues Along the Rideau series, in conjunction with The Cove Inn and Spa, promises to lighten a few of your Monday evenings this summer with some great live blues acts, wearing their acoustic hats.

Launching this new music series at The Cove Inn is multi-Maple Blues Award winner and winner of two Junos, Jack de Keyzer. Toronto's "King of the Blues" will be on stage Monday, July 11, with bassist Alan Duffy. Tickets for this show and all the Acoustic Blue Monday shows are \$35 in advance or \$40 at the door (you really don't want to wait until the last minute — the blues series have typically sold out early), and they include dinner and the show.

Monday July 25 brings former Maple Blues Artist of the Year, award winner and nominee for Female Vocalist of the Year,



Mark Zeliski Photographic Design

There won't be any pouting in Westport when Juno award-winning Jack de Keyzer kicks off the Acoustic Blue Mondays series at The Cove Inn on July 11

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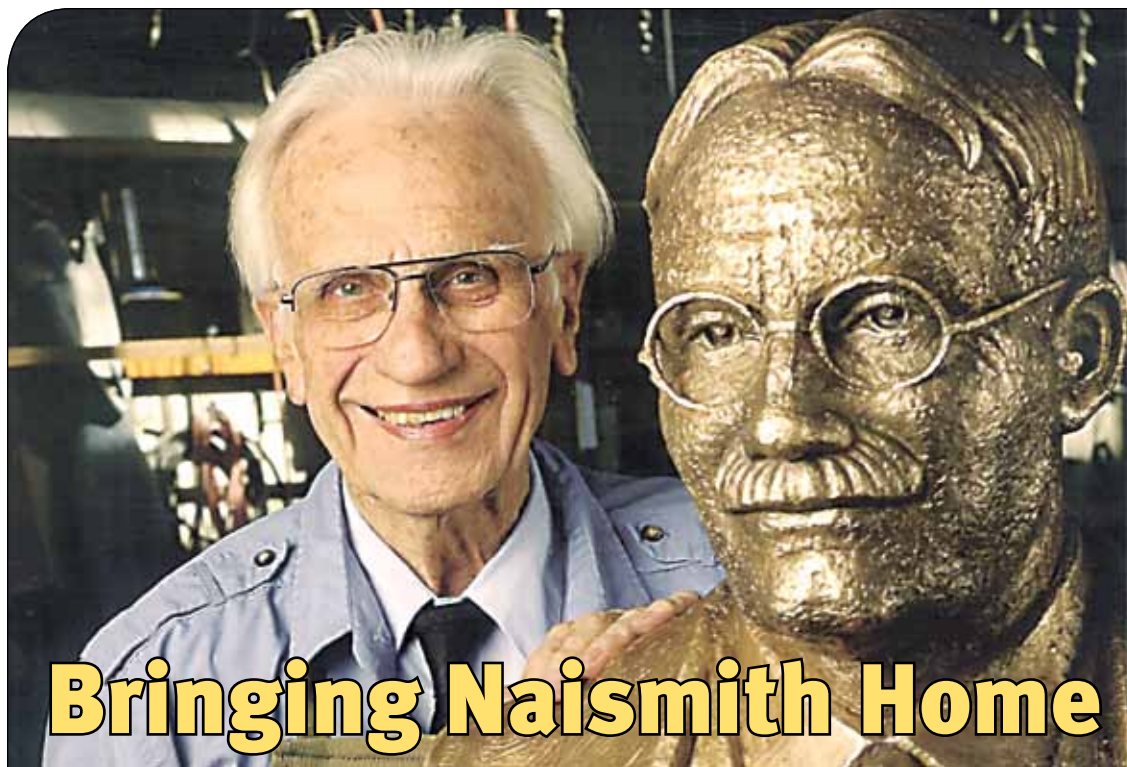
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James Naismith was born near Almonte, Ontario on November 6, 1861 and is best known worldwide as the inventor of basketball. He authored the original thirteen rules of basketball, founded the University of Kansas basketball program and lived to see basketball adopted as an Olympic demonstration sport in 1904 and as an official event at the 1936 Summer Olympics in Berlin. He was an educator and leader, dedicated to developing character through sport and devoted to serving society. And, as of late July, he will once again be a permanent resident in the area. The Naismith Basketball Foundation has announced that, after a successful, year-long fundraising campaign, a life-sized bronze statue of Dr. James Naismith will be unveiled on July 23 at Centennial Square on Mill Street, Almonte.

Sculptor Elden Tefft (pictured above) created the statue at his studio in Lawrence, Kansas. It is a heroic-sized bronze statue depicting Naismith sitting with a basketball in his hands and a peach basket at his feet. The sculpture will be sitting on a granite bench long enough so that others may sit beside him.

### Happy 150<sup>th</sup> Birthday!

The unveiling ceremony, set to take place at 11AM on July 23, is just one of the events being promoted by the Naismith Basketball Foundation in 2011 to commemorate the 150<sup>th</sup> anniversary of Naismith's birth. For more information, please visit the Foundation's site: [naismithmuseum.com](http://naismithmuseum.com).

### ...in Your Pocket

The Naismith statue will weigh just less than 1 tonne and will be approximately 4 feet high. For those who might be interested in a more portable tribute to Naismith's 150<sup>th</sup> anniversary, Sean Isaacs of Alliance Coin & Banknote has just the thing.

He has commissioned the minting of 4000 James Naismith commemorative \$4 tokens. Following the statue unveiling, Jim Naismith, Dr. James Naismith's grandson, will unveil this first-ever Mississippi Mills trade token at 12:30PM at Alliance Coin & Banknote, 88 Mill Street, Almonte.

According to Sean, "the plan is for the token to be accepted as legal tender by participating merchants in Mississippi Mills until their expiry date on December 30, 2011. Beyond that, given the universally popular themes here — Naismith and basketball — my expectation is that the tokens will sell worldwide once they are made available. Both *Coin World* and *Canadian Coin News*, two of the largest numismatic publications in the world, will publish a write-up on the tokens once the design is revealed."

To add to the excitement, Sean has introduced a small number of "prize pieces." Traditionally, these prize pieces contain a secret mark or feature that is known only to the issuer. Once the secret is revealed at the end of the issuing period, December 30 in this case, or earlier in the case of a sell-out, anyone who has received one of the prize pieces is entitled to a special prize pack. Details are still pending, but Sean is approaching local businesses to create some enticing prize packages.



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# The Night is Young!

Is there anything better than taking a stroll downtown on a beautiful summer evening and pausing every once in a while to listen to street musicians performing great songs? This area certainly has no shortage of talented musicians. On that note, we are putting out a call to all buskers who might be interested in performing in beautiful downtown Almonte this summer. The plan is

to have busking every Friday evening, from 7 to 9PM, during July and August. Many stores and restaurants have agreed to stay open late on those evenings. Wouldn't it be wonderful to take a Friday night walk and turn Mill Street into the place to be?

by Tony Stuart

If you are interested in performing on one or more of these Fridays, there are two ways that you can contact the organizers. The easiest way is to send an email to <maapalmonte@gmail.com>. Please make sure that you indicate the names of all members of your group, and the type of music that you perform. Each Friday, there will be room for between six and eight dif-

ferent performing groups, and they will be located at different spots on Mill Street. The other way to have your name added to the performers' list is to call Cynthia Stuart at Appleton Gift & Basket, 256-9377.

All of this wonderful music is going to serve as a prelude to a fantastic night that will be occurring in September. Many of you will remember this event from last year, as it was a sell-out. On Friday, September 16, the second annual **The Night Is Young** event will be held at the Old Town Hall in Almonte. The Night is Young is a celebration of music (and the arts in general), featuring a recital in the acclaimed Old Town Hall auditorium by **The Tay Valley Winds**, a new chamber ensemble consisting of Richard Hoenich on bassoon, Barbara Bolte on oboe, and myself on clarinet. We will also be inviting a few of our musical friends to perform with us, including Brad Mills on piano, and Janet Geiger on flute. The Tay Valley Winds have a busy summer schedule performing in the Ottawa and Kingston



Shawn De Salvo / DeSo Photography

Last year's "The Night is Young" event was such a success that it led to further opportunities for young people (such as Claire Hunter and Amanda Roi, pictured above) to perform locally. This year, organizer Tony Stuart wants to have buskers on Almonte's Mill Street every Friday night leading up to the big event!

areas, and this recital will feature a wonderfully eclectic selection of music. Once the recital is finished, concert-goers will be encouraged to take a walk down Mill Street, where talented young musicians will be performing for the rest of the evening. If you are interested in busking after this recital, please follow the contact instructions listed above.

All proceeds from The Night is Young are donated to the Young Awards Founda-

tion. For those of you who don't know, the Young Awards provide funding for local schools to bring in artists to help inspire students, and they also provide funding for special arts initiatives that schools may be pursuing. Please visit their website at <youngawards.ca> for more information. I remember very clearly the first time that a musician visited my elementary school, and how that made such a big impression on me. The Young Awards Foundation helps to make that happen for students in our area.

If you have never attended a classical recital, I encourage you to attend this one. You'll be pleasantly surprised at how accessible the music is, and The Tay Valley Winds take a few moments to explain each piece, offer a few humorous anecdotes, and draw the audience into the performance. Tickets are \$20 each, and will be available at Appleton Gift & Basket (65 Mill Street in Almonte) or at SRC Music (124 Moore Street in Carleton Place).

Summer is such a great time to enjoy music — I hope you are able to join us, both on Friday evenings and at "The Night is Young" on September 16. You'll be glad you did!

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# Witty Whimsy Comes to Perth

Although he won't be playing any risqué scenes at this summer's Classic Theatre Festival in Perth, veteran Canadian actor Allan Price does note with a certain whimsical pride that his bare bottom is featured in the cult film *Cannibal Girls*, a 1973 horror spoof that launched the film career of *Ghostbusters* director Ivan Reitman and featured soon-to-be-discovered stars Eugene Levy and Andrea Martin. Price, playing the role of "Felix, the Second Victim" can now be seen on DVD in the camp favourite that featured warning bells inside the theatre to alert those with weak stomachs when gory scenes were imminent.

This was part of Price's journey to the status of working actor, which continues in Perth this summer when he takes on the role of the eccentric, tipsy occult researcher Sidney Redlitch in the Classic Theatre Festival's production of John van Druten's *Bell, Book and Candle* (which inspired the TV series *Bewitched*). The show runs July 8 to 31 at the wheelchair-accessible, air-conditioned Mason Theatre, 13 Victoria Street, in Perth.

## Overcoming Stage Fright

Too afraid to audition for high school shows, Price found his stage feet following a failed university romance. Price's mother, fed up with her heartsick son moping about, pushed him to get involved in something to take his mind off his lovelorn misery. It wasn't long before he threw himself into a New College adaptation of *The Brothers Karamazov* at University of Toronto, directed by Basya Hunter, who had studied at the legendary Moscow Art School.

During that same time period, Price directed a number of variety shows featuring Bob Rae, currently leader of the Liberal Party of Canada. Price also struck up a lifelong friendship with the show's assistant stage manager, Liz, who soon became his wife, and immediately became a member of numerous touring companies presenting theatre for young audiences at \$5 a show.

Price went on to do television work, including the *Hart and Lorne Terrific Hour* (which starred Lorne Michaels) and featured the likes of Gilda Radner, Alan Thicke, and Dan Ackroyd.

Since then, he has worked across Canada on stage, as well as in television programs including *Queer as Folk*, *Top Cops*, *Night Heat*, *Politics is Cruel*, *Path to 911*, and *The Piano Man's Daughter*.

Price particularly likes the writing in *Bell, Book and Candle*, noting: "there's a certain gentleness to it. Its approach to sexuality has a



Canadian screen and stage actor Allan Price comes to Perth this July to play the role of Sidney Redlitch in *Bell, Book and Candle*

unique charm. So much stuff today is so overt, and we may be missing the wonder. Van Druten maintains that it's the real-life tension, the 'will they or won't they' mystery, that makes for such a great story."

Tickets for *Bell, Book and Candle* are available at <classictheatre.ca>, 1-877-283-1283, or at Tickets Please, 39 Foster Street, in Perth.

— Matthew Behrens



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Theatre News in our Area

## Summer Theatre Stock

Ahhh, summer. This is what we all were dreaming about during the cold days of January and February. It's also a time when the troupes of the area take collective deep breaths, relax a bit, and make their plans for the fall and winter season, as you can see by the brevity of this column!

Beginning on July 8 we have the summer programme of the **Perth Academy of Musical Theatre**. PAMT's young performers will be strutting their stuff on the stage in the Old Perth Shoe Factory on Sherbrooke

by Ian Doig

Street throughout July. It all begins with *A Disney Spectacular* on Friday, July 8 (10:30AM and 7PM) and *Swordfighting and Stage Combat* on Saturday the 9<sup>th</sup> at 7PM. Next week enjoy *Glee!*, with a

regular performance on Friday, July 15 at 7PM, and a Stewart Park Festival show at 11AM on the Saturday. Gilbert & Sullivan's *Thespis* follows on Friday, July 22, at 10:30AM and 7PM, and PAMT Idol rounds out the shows on Saturday, July 23, at 7PM.

Tickets are \$10 each — available by calling 267-9610 with a credit card number.

And while I have generally tried to stay clear of expanding this article to include the excellent range of music on offer around the area, I'm lured by the enthusiasm/nostalgia for the Beatles that still lingers with a lot of us, to mention that the amazing tribute band **Replay** is performing at Perth's Studio Theatre on July 8, 9, 22, 23, 29 and 30. Tickets are available through Tickets Please at 39 Foster Street in Perth, 485-6434, or <ticketsplease.ca>. So if you're an incurable Beatles fan, or even just into nostalgia, this one should be pretty hard to miss.

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# A Village Library in Uganda

I will never forget what it was like each time we arrived in our Ugandan village by motorcycle. Hundreds of children, most wearing brightly-coloured school uniforms, would respond to our driver's honk by leaping off the red dirt path. Then, catching sight of our bright white skin, a loud chant would begin.

"Muzungu, muzungu, ahhh muzungu!" Waving and yelling, they would chase our motorcycle, attracting more and more attention as we carefully navigated around potholes and muddy patches to reach our home, deep in the village. Coming to terms with this sudden and undeserved fame certainly took getting used to!

*Muzungu*, roughly translated, means "white person". More literally it means, "one who wanders aimlessly", which from a villager's perspective is an especially apt description of the foreign travellers and aid workers who appear from time to time in their communities.

My fellow intern, Andrea Dyck (from Vancouver), and I spent five months living in Bunalwenhi Village in the eastern part of Uganda between October 2010 and March 2011. During our time in the village, we worked with local community members to start a village library project.

We were there thanks to the Canadian International Development Agency's (CIDA) International Youth Internship Program, which offers unique opportunities for recent graduates under the age of thirty to gain work experience in a developing country. Our internship was

offered in partnership with the Uganda Community Libraries Association, a network of more than seventy community libraries in the most rural parts of the country. As interns, our mandate was to contribute towards the library's literacy programming in order to support their formal education.

Living in the village was a challenging and eye-opening experience. Without electricity or running water, even small tasks are time-consuming and difficult. It was easy to see why parents have so many children to help keep up with the amount of work required by their subsistence agricultural lifestyle. The average woman in Uganda has more than six children, and numbers are often higher in the village.

With so many young children, Uganda's Universal Primary Education program is struggling to provide an adequate quality of education. Village

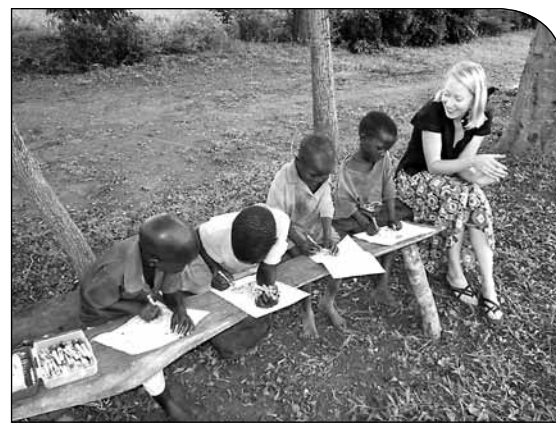


Photo by Andrea Dyck

Jocelyn Preece (above right) grew up in Arnprior and graduated from Arnprior District High School in 2003. She has recently completed a degree in International Development, and will be returning to school in January to start a Master's degree in Library and Information Studies. She hopes to establish a career working with libraries in developing countries. She will be presenting a slide show of pictures from her recent trip to Uganda at Ottawa Valley libraries throughout the summer. To learn more about the library project, please visit [bunalwenhi.org](http://bunalwenhi.org).

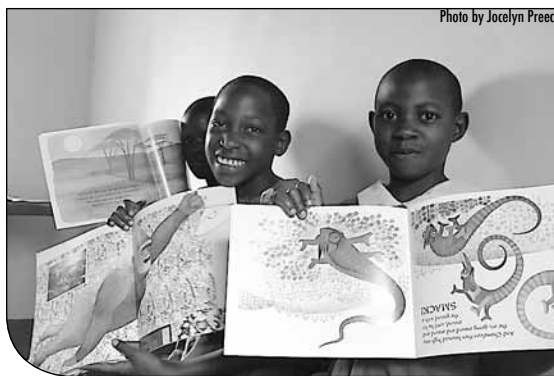


Photo by Jocelyn Preece

schools are the most under-resourced, with average class sizes between 70 to 100 students. Only a handful of children from Bunalwenhi village progress to secondary school each year.

When asked about the greatest challenge the schools faced, teachers at the three local primary schools all stated that instructional materials were severely lacking. Children struggled to learn to read without access to reading materials, and often didn't have the money to buy notebooks and pencils.

The result was disillusionment on the part of the parents, as they watched their children fail to pass primary exit exams. Teachers often complained that parents were negligent of their children's education, not equipping them with the necessary materials, nor encouraging them to continue their studies. Yet when we spoke with parents in the community, Andrea and I were overwhelmed by the value parents place on their children's education.

One mother of seven told us, "If you read you become more respected in the society." She then

turned to our young, educated, male librarian and asked, "Would you marry an illiterate girl?" Many parents expressed the desire for their children to have opportunities in life beyond subsistence farming and early marriage.

The Bunalwenhi Community Library project was welcomed with great enthusiasm by the children, parents and teachers in the community. Thanks to generous donations from the Uganda National Library, and from our own friends and family, we were able to purchase a great number of locally published storybooks and school textbooks. We helped establish a mobile library program where boxes of books are carried to primary school classes each week and distributed for the children to read.

By the time we left the village in March, thirty to forty children were visiting the library each day after school, where they would read, sing and play educational games. We hope that the addition of reading materials will have a positive impact on the quality of education the village's children receive.

The library is continuing to thrive now that Andrea and I are back in Canada. We both hope to remain involved long-term. It will certainly be hard to forget the warm welcome we received, the children's gifts of fruit and eggs, the letters of gratitude from schools, and of course the open invitation from our host family to return.

—Jocelyn Preece

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Flavour of the Month

# Cultivation of the Soul (and the Yaks)

The year after I moved to my farm, I bought a crazy, old wood stove to heat my studio — a Lanark “Free Flow” — from Rosemary Kralik. If you have ever seen a Free Flow, you know that they are pretty rare,

by Susie Osler

and certainly unique in design. Well, Rosemary’s story is a bit like that herself. Born in Egypt to parents of Turkish/Spanish and French/Moroccan descent, this woman and her menagerie of Tibetan yaks, Highland cattle, horses, donkeys, an Anatolian shepherd dog, a border collie, a flock of sheep, some chickens and cats now share 722 acres of rocky, rolling Lanark land near Elphin.

Tiraislin — which means “land of my dreams” in Gaelic — is the home Rosemary finally settled into in 2000. Moving to a huge, remote and semi-wild tract of land is not what one would necessarily expect from a fifty-something Egyptian-born woman who’d spent most of her life living and working in cities. But after many years as a management consultant and single mom in Montreal and Ottawa, she took to heart the advice of a close friend who’d said “you have to recognize your dreams and go for it.” It took a few years to find the farm “that rocked me to the core,” she says, and then a couple more years before her offer to purchase it was finally accepted by the owner. But here in the heart of Lanark County, she now lives.

Rosemary’s story reads more like a free-form poem than a mathematical equation: non-linear, full of twists and turns, drama and metaphysical associations. Somehow it also suits the landscape that houses her home. Her approach to living life has been to try to recognize opportunities as they arise, to accept things that

come to her, and to jump right in, rather than orchestrating a plan to follow. Like when she bought the yaks at a barn auction. She’d had never seen them before and was hardly anticipating buying any, but found herself transfixed by them. She took them home and now she has a small herd of them. Yaks are native to Tibet, are very hardy, good foragers, and have high quality, lean meat that is high in protein, iron, omega oils and fatty acids. They are smaller than cattle and will grow slowly — 300 pounds over 4 years (as opposed to the 1800 pounds over 18 months that conventional cattle clock in at). Clearly this makes it difficult to compete with conventional beef operations. Still, Rosemary has a dedicated market in Ottawa who value her “Freedom Food” approach to raising animals and the quality of her products (see [rspca.org.uk/freedomfood](http://rspca.org.uk/freedomfood) for more information on Freedom Food).

There aren’t many role models to learn from who raise such an exotic mix of animals. Luckily Rosemary has learned what she needs to know along the way — by doing, by observing, by reading a lot of books and now also by finding information on the internet. “It’s been a life-long cramming session,” she says, but she loves it.

Aside from being a farmer, Rosemary is also an accomplished artist. The ancient artifacts held in the collections of Cairo’s museums were fodder for her imagination as a girl. Where had they come from? What was their story? The narrative of personal and material history interested her. Portraiture, the painting style she gravitated toward, was simply an extension of this. Portraying the history of the individual — human or animal — concealed, or perhaps revealed by their skin, fascinates her. And, though she calls herself a hermit, relation-

ships — the subtle and intimate connections between painter and subject, between a farmer, her animals and the land, and within the local ecology — seem to interest her enormously.

Portraits she has painted of animals capture their subject’s essence with as much sensitivity as those of the people she paints. She believes that one must respect and love the animals that eventually give their lives to feed those of us who eat meat, and that a farmer’s responsibility is to ensure that their animals have a free, happy, and healthy life, by giving them lots of love, sunshine, free movement, and a varied diet (foraging in woods, mixed pasture).

From a young age, Rosemary recognized the value of good whole food, and the importance of buying it, whenever possible, from the people who made it. She believes passionately that the quality of the food we consume, as well as the conditions under which animals are raised, are reflected back to us through good or bad health. Even through the leanest times she has made growing and/or obtaining wholesome food a priority for herself, and encourages others to find ways to do this for themselves as well.

## Cultura Animi

The modern term “culture” has a classical origin. Cicero wrote of a cultivation of the soul or “*cultura animi*”, thereby using an agricultural metaphor to describe the development of a philosophical soul. Perhaps culture is the filament that has woven its way consistently through Rosemary’s life in one form or another. Her genes are multi-cultural, she’s lived among many cultures, and now she’s a painter/farmer. She calls Tiraislin Fold her “magnum opus” — a huge, long-term undertaking that exercises her many interests — biology, chemistry, ecology, weather, psychology, medicine/healing, food, nurturing and learning, and makes use of her varied skills — observation, creativity, responsiveness, curiosity and tenacity, to name but a few.

Tiraislin Fold



Rosemary Kralik

## Who She Is

Rosemary Kralik, Tiraislin Fold  
113 Clarendon Road, between Elphin & Maberly  
268-9999, <[rosemary@abrushwithimmortality.com](mailto:rosemary@abrushwithimmortality.com)>  
<[aBrushWithImmortality.com](http://aBrushWithImmortality.com)>

## What She Offers

Tibetan Yak, Highland beef, lamb and goat, sausage, salami, soup bones, jerky, wool, fleece, pelts, hides. No antibiotics, no hormones, no pesticides, pasture raised, local hay, local abattoir, paper-wrapped products. Also paintings, sculpture and portraits (human and animal) on commission.

## Where She Sells

Farmgate & Ottawa Farmers’ Market (Landsdowne), Sundays 8AM-3PM. Restaurants: Oz Café, 42 Creighton Street Fine Foods (both in Ottawa).

## Tibetan Yak Momo

One pound of ground yak  
Package of round Oriental dumpling wraps, thawed  
¼ cup tamari sauce  
¼ cup olive oil  
2-4 cloves fresh garlic, crushed or chopped  
Optional: Half a dozen chopped shallots *or* chopped fresh parsley

In a bowl, knead together the ground yak, garlic, tamari sauce, olive oil, and shallots or parsley until well mixed and smooth. Form a tiny meatball from a rounded teaspoonful of the yak.

Peel a dumpling wrap from the stack and wrap the meatball, crimping the edges together to seal them, forming a ball, then place crimped-side-down on a platter. Continue until all the meat is wrapped.

Lubricate the stacks of a steamer with olive oil and pour water in the bottom. Place on stove to boil, then turn the heat down to medium while steaming. Position the momos (dumplings) in each level of the steamer, leaving enough space around each for expansion. When each level is filled, stack, put the lid on, and steam for 10 to 15 minutes. Carefully lift the dumplings out when cooked and place on platter. Repeat with the rest of the momos until all are steamed.

N.B. The Tibetans love to sauté the steamed dumplings in butter until browned slightly. As the yak is so lean, you can afford to fry it in butter... or... you can use olive oil or coconut oil. They can be served plain and are fabulous as such, or they can be dipped in chili sauce, or any favourite sauce. I love a simple dip of tamari with apple cider vinegar.

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# Nature Lover's: Forces of Nature

A few weeks ago, after attending a screening of the latest X-Men movie, a bunch of us sat around discussing which superhero / heroine we would most like to be, if we ever got the opportunity to choose. It didn't occur to me at the time, but I've since realized that if I ever get bitten by a radioactive creepy crawly or for some other highly plausible reason undergo a series of rapid and adaptive mutations, I would like to end up as an independent book shop owner. Now you might think I'm taking this monumental decision too lightly, but seriously — have you ever stopped to appreciate the slate of super abilities these folks get to wield? I have lived in and covered arts & culture in small towns throughout this area, and I've seen people open book stores and instantly begin to attract authors, artists, event organizers, ticket sellers and poster putter-uppers. They create a hub of literary and cultural activity, drawing people in to chat, browse, meet in book clubs, give readings, buy tickets to plays and concerts, exchange ideas, and effect change on the most fundamental of grassroots levels. They alter the very fabric of their social landscape. Behold their awesome powers.

Over the past eight years, regular Humm readers will have noticed a steady stream of events issuing forth from Nature Lover's Bookshop in Lanark Village. Since opening in October of 2003, the lovely shop with the incredibly full shelves has hosted a variety of book launches, author readings and signings, functions featuring local artists, and special events for children. What readers probably don't realize is just how involved owner Mary Vandenhoff and her dynamic staff have been in countless other community initiatives. As Mary V, Mary Dixon (we'll call her Mary D) and Marilyn Barnett have announced their intention to retire all together in the fall of 2011, I thought this would be the perfect time to peel back their masks and expose some of their good deeds.

A longtime active resident of the area, Mary V had been recruited back in 2001 by the Township of Lanark Highlands to chair their Economic Development committee. At that time, the area was reeling from the closure of the Kitten Mills and was in need of some focused direction. Mary and her team identified some the major assets of the area as being just what people from larger urban centres want but don't have immediate access to: unspoiled nature, outdoor activities, sustainable agriculture, and a focus on the environment and green initiatives. Mary was particularly keen on attracting retail business to Lanark Village, but at that time she couldn't convince anyone to take the first plunge. So she quite literally put her money where her mouth was, bought the building, and opened Nature Lover's. She was very clear about her *raison d'être*, and explains that: "Our primary goal from day one was to be the best nature book store in Canada, and our secondary goal was to

revitalize the village and encourage other businesses to open here". A quick glance around at her massive yet well-organized inventory indicates that they are probably in contention for top spot. A look up and down the main street at shops like Highlands Hunting & Fishing, Cindy's Candles



**Big shoes to fill...** After eight wonderful years, Mary Vandenhoff (centre) is retiring and putting her delightful Nature Lover's Bookshop up for sale. Staff members Marilyn Barnett (left) and Mary Dixon will also be retiring at the same time.

and Blackwood Originals — all of which have opened since 2003 — shows success on that count as well.

## Community Connections

Perhaps not surprisingly, the success that Mary V, Mary D and Marilyn have forged with Nature Lover's has grown hand-in-hand with their successes in the wider community. As soon as the shop opened, the staff began supporting and cultivating partnerships with local authors, artisans and food producers, and with the event organizers for whom they became a handy ticket outlet. They constantly hand out maps and brochures for local attractions, and disseminate information because they know the community intimately and truly enjoy helping people. Not all of that information has to do with books and community events, however; they once figured out how to help someone source crickets to feed their iguana. As interest in the store grew, customers and local naturalists would suggest more titles or products for them to bring in, and so their stock increased commensurately with the feedback from their clients. At the same time, relationships with those clients deepened, and some of those relationships then developed into initiatives that went beyond the store itself.

One such initiative was the highly successful Art of Being Green festival, which Mary V began with a tremendous amount of support from local author and renewable energy technology expert Bill Kemp. Mary recalls with pride that in its first years the festival was both cutting edge and also

a perfect fit for her vision of promoting the Lanark Highlands area, where many people live off-grid and use "green" energy sources.

Some of the many (and I do mean many) other projects that Mary V and her staff have been directly involved in include the Orchid Festival, the Lanark Highlands Heritage Tours book, the Mississippi River Heritage Festival, the Lanark County Stewardship Council, Mississippi Valley Conservation, as well as numerous events with the Mississippi Madawaska Land Trust Conservancy and McDonalds Corners / Elphin Recreation and Arts (MERA). Mary V chaired the fundraising committee of the North Lanark Community Health Centre, raising her goal of \$500,000 to build the new primary care wing in just two years. Mary D has been a longtime volunteer with the Middleville Museum, the Agricultural Society, and Maple Grove School. Marilyn has also been very involved with MERA (serving for several years as its administrator), and with the Community Health Centre. Clearly, it takes a bookstore (staffed by three amazing dynamos) to support a community.

## What's Next?

So how can they "go", I hear you cry! Well, no matter how rewarding and satisfying an undertaking is, apparently "you reach an age when it is time to retire — and it's nice to leave when things are still going well". A few

months back Mary V had the opportunity to sell the building, and so the business has also been up for sale since then. Mary still hopes that the perfect person (or people) will be inspired to keep the business in Lanark Village, because she feels that the area both supports and relies on the business (her database of 2500 active clients would probably concur). But in case that doesn't happen in time, she is holding a number of wonderful sales over the next few months, after which she will put her remaining stock online (her books are already available at [natureloversbookshop.ca](http://natureloversbookshop.ca)).

What happens when a trio of superheroes retires en masse? Well, I'm fairly sure the event will be felt as a seismic shift, with repercussions shuddering through the community for months to come. In the meantime, though, Mary Vandenhoff threatens that she might just pick up a book on birding or hiking, and finally get out and partake of those wonderful activities herself. All three women say they will miss the social interactions facilitated by the store, and that they will continue to be active in their communities. Marilyn has made a practice of advising new retirees to not say "yes" to anything for a whole year, however, so it remains to be seen whether she can take her own advice. My prediction is that we will still see them out and about in a variety of capacities — enjoying, partaking in, patronizing and yes, probably organizing — but as always, using their powers only for good!

— Kris Riendeau

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# Lanark Township Schools Reunion

Memories and laughter will be shared at the Lanark Township Schools Reunion at the Middleville Fairgrounds on Sunday, August 21. If you attended a rural school or your roots run deep in Lanark Township, you will not want to miss meeting old friends, remembering times past and sharing a yarn or two. Exhibits from each of the Lanark Township schools will be sure to bring a smile or even a blush or two as you are reminded of a favourite teacher, a special concert or the activities of Arbour Day.

The rural schools were not consolidated until the mid 1960s, so a lot of pupils will still remember spelling bees, mice scampering under desks, and noon hours filled with games of Auntie-I-Over, Pom-Pom-Pull-Away, Duck-Duck-Goose and baseball. Memories will be shared of exciting Christmas concerts, usually held in the school house or a nearby town hall, and men especially may recall recesses missed as punishment for tomfoolery or for smoking mixtures of mouse nest, corn silk or elm root out behind the woodshed.

Teachers will recall each day's opening ceremonies and how they never dared close both eyes during the Lord's Prayer. Older pupils and teachers alike may remember that day in 1945 when World War II ended and a trustee drove up to their school with his car tires spitting gravel, saying: "Let the kids out. The war is over."

This eagerly anticipated reunion is proudly sponsored by the **Middleville**

**& District Museum** that is housed in the old stone S.S.# 6 Middleville School built in 1861. The festivities will take place on the Middleville Fairgrounds, but the museum will be open for a walk down memory lane through its large school display.

There will be a raffle of a unique, commemorative quilt featuring the ten Lanark Township schoolhouses. Handmade by community members and museum supporters, the quilt mixes traditional block design and techniques with modern technology. Tickets can be purchased throughout the summer at various functions and locations, including the museum, as well as on the reunion day. The lucky ticket will be drawn at 4:30PM on August 21.

**Archives Lanark** will launch their long awaited *Rural Schools, Lanark Township* book at this event as well. Each beautifully bound hardcover book will sell for between \$45 and \$50. There will not be an ATM on site, so please come prepared.

On Sunday, August 21, bring a lawn chair and your memories and memorabilia to the Middleville Fairgrounds. The Schools Reunion will run from 1 to 5PM. The admission is \$5 and includes free parking and entertainment. Light refreshments, souvenirs and photocopying services will



Photo by Karen Phillips

As part of the Schools Reunion taking place in Middleville on August 21, there will be a raffle of a handmade, commemorative quilt featuring the ten Lanark Township schoolhouses

be available on site. For information or to contact an individual school display organizer, contact Alice at 259-5462 or <maborrowman@gmail.com>, or Wendy at either 259-3469 or <pkevin@3web.com>.

The school reunion is an example of the integral part the Middleville & District Museum plays in the community. It is a hub that brings together folks with

deep Lanark Highlands roots as well as residents new to the area. For the general public, it is a glimpse into the past and a testament to the resourcefulness and tenacity of the pioneers who settled this area.

This unique pioneer museum is chock full of artifacts from this region, linking the community to its past and teaching all of us about the life of the early settlers. Exhibits range from lumbering, maple syrup and cheese production to everyday farming and household items, as well as more exotic items like a horse-drawn hearse or homemade prosthetic, to name just a few. The museum also houses an extensive genealogical reference library, bringing in researchers from around the world.

Watch the website for coming events. The museum, run entirely by volunteers, is open from Victoria Weekend through Thanksgiving, on Saturdays, Sundays, and holiday Mondays from 1 to 4PM, or by appointment. Admission is \$5 per person, and is free for children 12 and under. For more information, see <lanarkcountymuseums.ca> or contact <middlevillemuseum@gmail.com> or 259-5462.

— Claudia Smith

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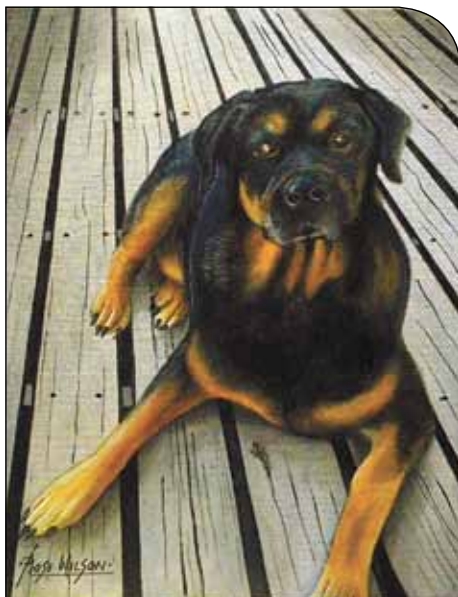
## Art In The Barn

Come rain or come shine, now's the time to enjoy Art In The Barn. From 10AM to 4PM on Saturday and Sunday, July 9 and 10, the Rideau Lakes Artists' Association welcomes you to its annual art show and sale, formerly known as Perth's Art on the Lawn. Celebrating its 14<sup>th</sup> year, this popular event is moving to the spacious and easily accessible Lombardy Fairgrounds Agricultural Society Barn located south of Smiths Falls on Highway 15 at Kelly's Road.

by Miss Cellaneous

The barn provides a fun and relaxed atmosphere to meet with 37 multi-talented artists and talk to them about their wide diversity of original art — watercolour, acrylic and oil paintings, metalwork, pottery, ceramics, painted glass, prints and cards. This accessible venue provides ample parking and shelter from any weather. It does not, however, allow access to the Internet, so purchases can only be made with cash or by cheque.

Admission is free, and ten percent of all sales will be donated to Do It For Daron (D.I.F.D.) in support of youth mental health through the Royal Ottawa Hospital. For more information about this and other shows of the Rideau Lakes Artists' Association, please visit their website at <rideaulakesartists.com>.



Sierra and other works by Rose Wilson will be among those on display at Art In The Barn

## A Call To Artists and Artisans

Backbeat Books, Music & Gifts in Perth is looking for regional artists and artisans to showcase their unique work in their boutique, which will open in early July. They are interested in both established and aspiring artists and artisans. Quality of work is very important to them, as is exclusivity in Perth. They encourage interested parties to contact them by emailing John Pigeau at <jpigeau@hotmail.com>. If samples of your work are online, please include that information in your email.

## Woven in Almonte

Ottawa Mixed Media Artists (OMMA) has the exciting opportunity this summer to exhibit a juried collection of members' works at the gallery of the Mississippi Valley Textile Museum in Almonte.

The members were given the challenge to "stretch the warp and the weft threads of their brains" to create a truly unique artwork inspired by the title *Woven*. It is amazing how one word can extend the creative boundaries to the limit.

The gallery has a large spacious show space and thus the pieces are suitably large too, each masterpiece an example of the creator's individual artistic style.

"Best in Show" was awarded to the artist who received the most points from the jury. The recipient of this award is Elisabeth Arbuckle for her work entitled *The Warp and the Weft* (see photo). Using acrylic on canvas, she divided the canvas into squares and painted it to appear to be woven, applying some collage of canvas strips and found objects.

The result is a finished work combining many of the elements and principles of design, including form, line, texture, pattern, colour and contrast. Overall the work has a definite eye-catching rhythmic feel to it.

In its tenth year of existence, membership in OMMA is now close to 200. Centred in and around Ottawa, the group offers great friendships through art, retreats, social events and several opportunities to show throughout the year, at both juried and non-juried shows. Present members range from newbies to the world of abstract mixed media, to professionals. For more information, please visit <omma.co>.

*Woven* will be at the Mississippi Valley Textile Museum at 3 Rosamond Street East in Almonte, from July 20 to September 4. The museum is open Tuesday through Saturday, from 10AM to 4PM. Museum admission applies. Come out to meet the artists at the vernissage on Thursday, July 28 at 7PM. Admission is free, and there will be a cash bar. Visit the show, see the 47 large exhibits, and enjoy being woven into the spirit of creativity!



Best in Show by artist Elisabeth Arbuckle: *The Warp and the Weft* Acrylic and Collage



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# Jaffa Road — a Captivating Musical Mix

JUNO award nominees and John Lennon Songwriting Competition Grand Prize winners Jaffa Road are one of the featured acts at this year's Stewart Park Festival. Their electrifying onstage chemistry, pulsating world-jazz-dub grooves, and ambient electronic textures are winning fans across the country. *theHumm* caught up with the band's founder, multi-instrumentalist Aaron Lightstone to discuss their music and what festival-goers can expect.

by Rob Riendeau

**theHumm:** Jaffa Road has an engaging, eclectic sound that is hard to describe. Tell me a bit about your style.

Aaron Lightstone: It's a mix of a lot of different music. The band members all have different backgrounds as far as their cultural upbringing and their musical training, but there's a lot of common ground between us. For example, I've long been interested in and have studied Indian music, our saxophone player is from India where he studied Indian music, and our bass player plays in the group Tasa which is a well-known Canadian indo-jazz fusion group. So there are common threads. The singer, Aviva, and I are both very interested in the music of our Jewish heritage, particularly the middle-eastern side of that story. But people also bring their diverse experiences to the group. The goal

is that all of these seemingly divergent musics come together in an organic way that works and doesn't seem contrived.

**I wasn't aware of all of the different places that influenced the music, but it came across as a really interesting mix.**

Hopefully all of these musical ideas — some very recent, some very ancient — come together to make something new. When we do that, I think we are simultaneously part of two different but similar movements. There are quite a few other Canadian groups doing this sort of thing. The music of their cultural heritage gets filtered through the more popular music they grew up hearing and it all comes together in a new way. At the same time, there is a revival of Jewish music where groups in different parts of the world are doing the same sort of thing — pulling all of these different threads together.

**How long have you been together as a group and how did you find each other?**

It came together in an organic way over a long period of time. In the current configuration of five musicians under the name Jaffa Road, we've been playing since early 2008. The seeds were planted as early as 2003 or 2004 in various projects as we all came together and coalesced and met each other through the Toronto music scene.

Several of the band members are involved in other projects of a similar nature. Aviva, our percussionist Jeff Wilson and I have another group called the Huppah Project which is a much more acoustic group that was intended to offer a fresh



Catch Jaffa Road at this year's Stewart Park Festival, which runs from July 15-17 in Perth

approach to music at Jewish wedding ceremonies. Chris, our bass player, plays in Tasa and many other groups. So we've all kind of known each other or know of each other for a while. I was a fan of Tasa before I ever met Chris and I thought, "I've got to get that guy involved."

**It seems to me that your music is particularly suited to festivals. You have an enticing sound that I can imagine would draw crowds when you play these large outdoor events.**

Our music is best suited to theatres and festival stages and we tailor our sets to those environments, because they are actually quite different. We pick songs that require a bit more focussed listening and may not be as high energy and "dan-

cy" when we play in a theatre. But both of those settings seem to work well for us.

### At The Festival...

Under a canopy of majestic maple trees, the Stewart Park Festival in Downtown Heritage Perth brings together an eclectic variety of Canadian and International musicians for a great weekend of over 30 free outdoor concerts from July 15 to 17. The weekend has entertainment for everyone including children's entertainment and an international food and artisans market. And once the sun goes down, be sure to visit the after-hours venues each night. For a full schedule and more information visit <stewartparkfestival.ca>.



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**Sunday**  
Arts in Motion  
Notre Dame de Grass  
Kim Dunn  
Mill Street  
Kellylee Evans  
Hannah Georgas

NQ Arbuckle  
Jaffa Road  
Jimmy Rankin  
Adonis Puentes

21<sup>ST</sup>  
ANNUAL

# Stewart Park Festival July 15-17

www.stewartparkfestival.com



# Love What You Do...

I have a friend who knows too much — it drives me crazy. He's a published author — this drives me crazy. He's a poet — this drives me crazy as well. He's a journalist, he actually writes for this publication — drives me crazy. He organizes the First Edition Reading Series in the town of Perth. He knows music, books, authors and movies like the back of his hand. This too drives me batty. Have you ever had one of these friends? They know too much stuff but they don't know that they know too much stuff... drives me crazy. If only he knew.

The icing on the proverbial cake (there was a proverb about a cake right?), is that this friend of mine, let's call him Johnny ('cause his name is Johnny) has opened his own store. Not only has he opened his own store, but he has taken all of the things that he is so good at (you know, the ones that drive me crazy) and built a store around them.

So, here's a guy who has taken what he loves — writing, reading, music, and movies — wrapped it all up in bricks and mortar, and added a whole bunch of cool art and original gifts. We shouldn't call him Johnny, we should call him lucky. After all, isn't this everybody's dream — to make a living doing the things they love? There isn't much luck involved with this new venture though. There is, however, an awful lot of hard work and support from family and friends. As the management guru Peter F. Drucker once said, "Whenever you see a successful business, someone once made a courageous decision."

Johnny wasn't courageous alone; his fiancée, Erin Daley has as much to do with fulfilling this dream as Johnny does. They both had the vision necessary to bring this store together. It's a wonderful blend of unique gifts, original artwork, books, music and movies. When you are in Perth, drop by and see Johnny and Erin at **Backbeat Books, Music and Gifts** at 6 Wilson Street West and check out their Facebook page.



John Pigeau (AKA theHumms "Postcards From Perth" columnist) welcomes you to his latest venture — Backbeat Books, Music & Gifts at 6 Wilson Street

Johnny Pigeau's first novel, *The Nothing Waltz* is available at Backbeat and he is currently working on his second novel due out this fall.

Also check out the **First Edition Reading Series** in Perth. The latest line-up includes Jeanette Lynes, Jennifer Londry and Phil Hall, taking place at Backbeat on July 8, and of course check out Johnny Pigeau's regular contributions to *theHumm*.

That's Johnny doing what he loves and loving what he does. Pretty courageous don't you think? (Drives me crazy.)

— Steve Scanlon



We are Mark Blackwell and Stephanie Campbell, and together with our three sons, Craig, Clay and Cal (who were the inspiration for our company name), we'd like to introduce you to **C3 ENTERPRISES**.

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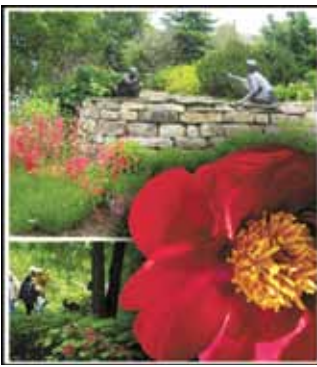












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**July 10-23**

## Gallery Perth

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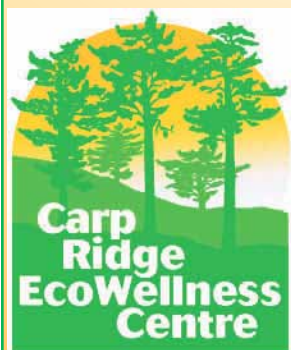


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# All Creatures Great and Small at Puppets Up!

Birds and bugs and all the huggable (and not so huggable) creatures of the natural world will inspire the puppeteers and their audiences at this year's Puppets Up! International Puppet Festival. Almonte's world-famous festival will be "alive" with the natural talents of acclaimed puppeteers and their puppets, who will creep, crawl, sprout, fly and wiggle their way to this charming community on the banks of the Mississippi River on the weekend of August 6 and 7.

"From the classic *Frog Prince* to the *Bugtown Follies*, Puppets Up! is going all natural this year," says the festival's artistic director, Noreen Young. "Tossed in are a few swashbuckling pirates, some classic children's stories, an amazing Aboriginal retelling of *Nanabush and the Ducks*, and the Tree-house Channel's famous *Toopy and Binoo*, to name just a few." Detailed information about the festival line-up can be found at <puppetsup.ca>.

In its seventh year, Puppets Up! will feature eleven professional troupes, including one from France, and up to sixty-six family-friendly puppet shows in tents and old-fashioned theatres along the banks of the Mississippi River and Almonte's historic Mill Street. The festival runs on both Saturday and Sunday and offers daily parades, street entertainment, musicians, a kids' craft tent, and an adult cabaret.

"This year the festival will give expression to all the life that goes on in our gardens and woodlands and even beneath the back steps," says Young. "Young or old, we all like to contemplate how all of the creatures and life forms interact, play, and live on the earth. Puppetry lets us imagine what that life is like."

The Town of Mississippi Mills truly rolls out the welcome mat each year for festival visitors, especially families with children. Nearly all festival activities take place within the downtown core of



This year's Puppets Up! International Puppet Festival takes place in Almonte on August 6 and 7, and features performances like "The Bugtown Follies" by the Robert Rogers Puppet Company (pictured above and below left)

Almonte, along Mill Street. Local businesses and volunteers are ready to attend to every need for shopping, entertainment, food (full meals, snacks and take-away) and guest services. Theatre venues are wheelchair and stroller accessible. All theatre venues are located within an easy stroll and there are plenty of shady places to sit and for kids to run in the grass.

This year's festival line up has something for everyone —toddlers to grown-ups!

Puppets Up! is presented by the BMO Financial Group and major partners include the Town of Mississippi Mills, the Ottawa Citizen, the EMC, and *theHumm*. The festival is strongly supported by a growing list of local businesses and individuals.

Adult day passes are \$15, or get a weekend pass for \$25. Children aged 3 to 12 have reduced rates and kids under 3 get in for free. The passes allow you entry to all shows, so plan to arrive first thing in the morning to ensure you get to see as much as possible.

For more information on performances, tickets and pricing, or to buy tickets through PayPal, visit <puppetsup.ca>. Cash, debit and credit payments can be made on-site.

Become a Puppets Up! fan on Facebook too!



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## Great Bridge St. Bazaar

Locals and out-of-towners alike are invited to visit downtown Carleton Place on Saturday, July 30 to enjoy a summer community extravaganza. The 6<sup>th</sup> annual Bridge St. Bazaar will showcase the centre of this colourful and historic town through a sidewalk shop with over one hundred vendors. From 9AM to 4PM, visitors can Meet Us "Downtown" On The Mississippi to find bargain deals, explore the fantastic array of local shops, and eat at waterfront pubs and restaurants, all while basking in non-stop local entertainment.

The entire downtown section of Bridge Street will be closed off to vehicular traffic to create a pedestrian-friendly area where vendors and merchants will display and sell their wares. The day-long schedule of events features numerous activities and attractions, including some of Carleton Place's finest musicians and dancers as well as some new mascots. Spectators will enjoy a full day of live local entertainment that will bring the sounds of pop, rock and country to the stage, as well as local buskers who will be wandering the streets performing. Entertainment in the downtown market area is free of charge and full of variety.

## Fun For All Ages

As a special treat for children, this year's event will feature the Partytime Inflat-able Carnival, and of course there will be plenty of BBQs, candy floss and ice cream to snack on while enjoying the sights and sounds of downtown Carleton Place. The restaurants in the downtown core will also offer a wide variety of live entertainment and delicious food to suit all tastes.

Organized by the Carleton Place Business Improvement Association (BIA) and with participation from all facets of the town — church groups, restaurants, merchants and arts programs — the Bridge Street Bazaar allows visitors to truly immerse themselves in the Carleton Place character and discover all that the town has to offer. When the BIA works together with the Carleton Place community, great events are born that work to unify people and develop the town's attraction and spirit.

## Become a Vendor!

Everyone is welcome to set up a table and sell their wares at the bustling Bridge St. Bazaar cost is \$25 for a 10' by 10' space, and they must be reserved by contacting Cathie McOrmond at 613-257-8049 or [cmcormond@carletonplace.ca](mailto:cmcormond@carletonplace.ca). All registration forms must be received by July 24 at 4PM. See you on Bridge Street!



Photos by Tracey Lamb, Mopani

July 1	<b>Canada Day Celebrations at Riverside Park</b> beginning at 1PM < <a href="http://www.carletonplace.ca">www.carletonplace.ca</a> >
July 6, 13, 20, & 27	<b>Show Time at the Station</b> < <a href="http://www.cpchamber.com">www.cpchamber.com</a> >
July 9	<b>Carleton Place Farmers Market Craft Fair</b> at the Wool Growers from 9AM until noon < <a href="http://www.cpfarmersmarket.com">www.cpfarmersmarket.com</a> >
July 10	<b>Annual Heritage Band Tattoo</b> at the Legion 12:30PM
July 10	<b>The Annual Graham Beasley Iron Triathlon, Duathlon &amp; Relay Race</b>
July 10	<b>Carleton Place Heritage 5k Run</b>
July 16 & 17	<b>The Carleton Place Canoe Club Regatta</b> weekend < <a href="http://www.cpcanooclub.com">www.cpcanooclub.com</a> >
July 30	<b>The 6<sup>th</sup> Annual BIA Bridge Street Bazaar</b> 9AM until 4PM < <a href="http://www.downtowncarletonplace.com">www.downtowncarletonplace.com</a> >
August 3, 10, & 17	<b>Show Time at the Station</b> < <a href="http://www.cpchamber.com">www.cpchamber.com</a> >
August 11	<b>Children's Walk for Autism</b> < <a href="http://www.lanarkautismsupport.com">www.lanarkautismsupport.com</a> >
August 20	<b>Carleton Place Farmers Market Corn Festival</b> < <a href="http://www.cpfarmersmarket.com">www.cpfarmersmarket.com</a> >

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# Snacking on Everest

I love you so much I'm risking frostbite to write this through fingerless gloves in  $-380^{\circ}\text{C}$  at 24,750 feet, which is Camp 2 on Everest's Northeast Ridge. The wind is howling miserably outside my cliff tent and I've just watched the Stanley Cup not return north, on my 50-inch plasma (wind-pow-

by Pie Whole

ered of course). Perhaps off my screen the Cup really is in Canada? Oh well, it's only a game, eh? According to the Crazy Gourmet Climber app on my iPhobia (telepathy only up here), I have a mere 10 to 11 more hours of climbing before I get to plant my Beaver Tail on the summit. I'm sure it'll take me a week.

My mother called in my nightmare earlier and reminded me to dress warmly. Thanks. Told me I'd just missed her making my favourite meal: vinegar with a soupçon of deep fried cod and fries wrapped in the *Ottawa Citizen*. So mother got me thinking about a snack. If you're ever freezing your caboose off, hanging companionless from a rather large wind-swept cliff in a zippered bag, unable to hear yourself sing badly let alone think, all while stuck halfway up the world's highest mountain, then rustle up this snack: an Italian twist on a quesadilla that I've called a Pizzadilla. It's not just good, it's freakin' awesome. It makes me think of our rare and festive land. It makes me want to win.

So I grabbed myself a corn tortilla wrap and thanked someone or something that it's round. Next I hauled out my Pietastic micro fusion reactor hotplate (Area 51 future product denial?), shouted "Burn my Ass!" to start it up and then used it to heat my backpacker's-sized skillet and a teaspoon of **olive oil**. Olive oil — and everything else — freezes up here, so I poured some into my ice cube tray to divvy it up; this means that I now cannot have ice with my Sunset Supersonic Gin & Tonic (SSGT), but there's unlimited other ice up here anyway, so the problem is not life threatening. Having to lift my  $\text{O}_2$  mask to sip my SSGT is, however, rather more annoying.

My micro fusion hotplate is somewhat like a Swiss Army knife: apart from its own micro sun, it houses a cheese grater, a slicer, a chopper, a blender, a set of chef's knives with bamboo cutting board, a sieve, an espresso machine, an unfrozen fresh water tap, various pots, pans and skillets, a spatula, a pneumatic corkscrew, a microwave, a lottery ticket dispenser, a compass pointing to the Geneva water fountain, an electric toothbrush, a copy of the Swiss national anthem, a stopped watch, a cuckoo clock to make up for the stopped watch, a red sleeping mask with white crosses on it to position correctly and, of course, a massive block of Emmenthal cheese which I gnaw on as I sleep — I think that's what's causing the nightmares.

Out from my loot bag came: some 2-year-old mature cheddar, a tomato, a ball of mozzarella, some fresh oregano and my pepper grinder. Now all this stuff was of course hard as rock, but nothing beats my micro fusion defrosting microwave. So, into the oiled skillet I threw my **tortilla wrap** and onto one half of it, in this order, I put: a small amount of **grated cheddar**, a few thin slices of **tomato**, a few thin slices of **mozzarella**, a generous sprinkle of chopped **fresh oregano** (plus **basil** if you like) and then a little more **grated cheddar** and some ground **black pepper**. I then folded the empty half of the wrap over top to close it all up into a smiling half-moon and used the spatula on it to slightly squish the contents down a bit. Then I turned my micro fusion hotplate up to 2.5/10 and gently fried the underside golden brown while I got my SSGT ready. Thirst quenched, I slowly flipped the Pizzadilla a couple of minutes later and did the other side, using my spatula to push the escaped fluid back into the Pizzadilla (you need to work the edges). A few more minutes and another couple of flips to really get the cheese *meltissimo* and my gourmet Everest snack was ready to wolf down! It was just sensational! Aaaaah, that's better. Feeling marginally warmer now, but the cliff tent's swinging around a bit (loose piton?) and I'm sure the wind is speaking words but all I can hear is "parachute".

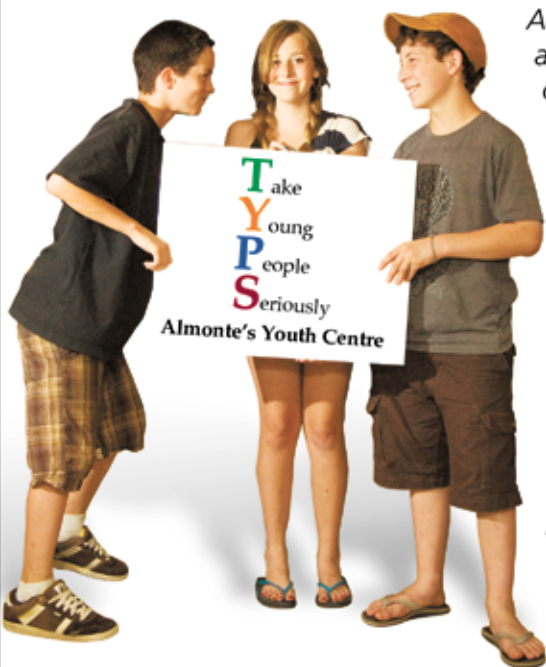
Right, then, a couple of postprandial *nota benes* on the ingredients. Corn tortilla wraps are delectable and I found mine at Freshco, which is the duty free store at the Carleton Place *Mufferaw Jo International Airport*. The tomato must be fresh and sliceable. The mozzarella must be a ball kept in water, not the block/sliced stuff which is a travesty. Bocconcini balls are fine and a really huge store in the area sells big twin Mozzafina mozza balls for a virtual pittance — they're excellent and I wish other supermarkets would follow suit. The fresh oregano can come from your garden or anywhere else you happen to run into it, say at the crosswalk, which happened to me the other day. The pepper I will leave to your imagination. A geometric point to close: when you fold your Pizzadilla over you suddenly find you have half the skillet empty. What can one do but make a second to keep the first company. Hurray! This method will be called *Pornicating Pizzadillas* as of now.

I'VE GOT IT! YES! I know what the wind's telling me, I've just worked it out... it's telling me to forget the summit hike, pack up all my stuff, climb back to earth, pick up a winter jacket and some socks, catch a plane up and parachute onto Everest's tippy top! Of course — it makes SO MUCH sense! That way I can bring an apple pie too! Well then, another Pizzadilla and SSGT it is — it's all downhill from here!

— Love me or hate me please send feedback to <parched@wordthirst.com> or via my blog <wordthirst.com>

*"The talents, gifts and energy of youth enrich the community at large."*

Established back in 1994 by a group of caring youth and adult volunteers, **Take Young People Seriously (TYPS)** has been operating as Mississippi Mills' youth centre ever since. Recently they have become more of a presence in downtown Almonte, having just moved to their new digs at 65 Mill Street (behind Appleton Gift & Basket).



According to executive director Julie Wilbond, the new location provides ample room for pool, ping pong and foosball tables, a large kitchen area, comfy couches, and even movable platforms that can create a stage for performances and coffee houses. Julie sees many benefits to locating the youth centre downtown. The fact that there exists a space where youth are welcome to participate in programs or just hang out, without having to purchase anything, "speaks volumes about the strength of the downtown community", she says. TYPS also helps connect different facets of the population. One recent workshop had seniors from The Mills Community Support baking cookies with TYPS members.

During the summer months, TYPS will be tending their community garden at the library, hosting the Big Brothers/Big Sisters "Go Girls" programs, taking trips to skate parks and offering yoga in the garden, among other initiatives. They are also open for dropping in from 2:30-8PM from Monday to Thursday, and from 2:30-9PM on Fridays, and can be reached at 256-8485 or [www.typsyouthcentre.org](http://www.typsyouthcentre.org). TYPS would like to thank Duncan Abbott for generously donating this ad space to them.

**TYPS — Mississippi Mills Chamber member since 2011**



Visit us: [www.mississippimills.com](http://www.mississippimills.com)

MISSISSIPPI MILLS  
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COMMERCE**

*Meet us:*

**Upcoming Events:**

**2011 Golf Tournament**

The Chamber's Annual Golf Tournament takes place on **Wednesday, August 31** at the Mississippi Golf Club in Appleton.

To register a team or for information about sponsorship opportunities, please contact Adrian Ayotte at Reliable Heating and Cooling, 256-4328.

*Join us:*

To become a member of the Mississippi Mills Chamber of Commerce please email your request to [manager@mississippimills.com](mailto:manager@mississippimills.com). Members who attend our monthly MIXERS are eligible to win a business profile like this one!

# Readings On The Tay

Does Perth need a summer literary festival? I think so. It's the perfect town for it. I mean, what author wouldn't want to visit one of the prettiest towns in Ontario? The **First Edition Reading Series** has already attracted a battery of talented, award-winning authors. And a summer literary festival would attract even more tourists to the area.

With that in mind, the First Edition Reading Series is giving the summer literary festival a sort of trial run. The series will

by John Pigeau

be holding a special event at the Ecotay Education Centre on Sunday, July 24 at 2PM, called **Readings On The Tay**. The venue is beautiful, and the lineup of Canadian authors is equally impressive: Ibi Kaslik, Holly Luhning, Alexandra Leggat, Catherine Graham, and Pearl Pirie.

You might recognize some of those names. If you do not, here is a bit of background on each of our visiting authors:



Alexandra Leggat is just one of many award-winning authors to grace the stage at "Readings On The Tay", taking place at EcoTay on Sunday, July 24

**Ibi Kaslik** is an internationally-published novelist, freelance writer, and teacher. Her most recent book, *The Angel Riots*, a rock 'n' roll tragic comedy, was nominated for the prestigious Ontario Trillium Award in 2009. Ibi's first novel, *Skinny*, was a *New York Times* best seller and has been published in numerous countries. Ibi teaches creative writing at the University of Toronto School of Continuing Studies.

Raised in rural Saskatchewan and now living in Toronto, **Holly Luhning** holds a PhD in eighteenth-century literature, madness and theories of the body. She has received a Saskatchewan Lieutenant Governor's Arts Award, and her collection of poetry, *Sway*, was nominated for a Saskatchewan Book Award. Her first novel, *Quiver*, was released in January 2011 by Harper Collins Canada to much critical praise. Of the psychological thriller, the *National Post* boasted: "Fast and wicked and dark. The writing in this novel is as clean and slick as a stiletto between the ribs."

**Alexandra Leggat** is the author of the short story collections *Animal* (finalist for the Trillium Book Award), *Meet Me in the Parking Lot*, *Pull Gently*, *Tear Here* (which was nominated for the Danuta Gleed First Fiction Award), and a collec-

tion of poetry entitled *This is me since yesterday*. Her articles and reviews have appeared in *Toro*, *The Globe and Mail* and *Niagara Life* magazine, and her poetry and fiction have been published in journals across the U.S., Canada and the U.K. She also teaches creative writing classes at the University of Toronto's School of Continuing Studies. Celebrated author Michael Bryson called *Animal* "a slim, distilled masterpiece."

Poet and educator **Catherine Graham** was born in Hamilton, Ontario, and educated in Canada and the United Kingdom. She is the author of four critically-acclaimed poetry collections: *Winterkill*, *The Red Element*, *Pupa*, and *The Watch*. Her poetry has appeared in literary journals in North America, the United Kingdom and Ireland and has been frequently anthologized. Graham earned an MA in Creative Writing from Lancaster University in England. She now lives and writes in Toronto, where she teaches creative writing, and designs and delivers workshops on creativity for the business and academic community. She is marketing coordinator of the Rowers Pub Reading Series and vice president of the non-profit organization Project Bookmark Canada, which works to place fictional text in our everyday geography.

Ottawa poet **Pearl Pirie's** chapbooks have been published by above/ground press and AngelHouse-Press. Her poems were included in *ditch*, *anthology 4* and poems have been published in places such as *dandelion* and *This Magazine*, and in small press including *gar*, *unarmed* and *1cent* as well as in chapbooks and broadsheets of Haiku Canada and Haiku North America. She has coordinated the Pre-Tree Poetry Workshops since 2009. Her manuscript *Thirsts* won the Robert Kroetsch Award for Innovative Poetry in 2010. The book will be released this fall by *Snare*.

## Ecotay Education Centre

If you have never visited the Ecotay Education Centre, you are in for even more of a treat. "Ecotay is a unique rural gathering place set amongst three beautiful restored barns, terraced landscapes and a trail to the pristine Tay River," says Michael Glover, owner of the property. "In the past, Ecotay has hosted conferences, workshops, and special events that explore art, history, music and nature."

"At last year's Upper Canada Book Fair, which brought in some of the region's foremost writers," Michael says, "Charlotte Gray described Ecotay as a 'magical place.' There is a wondrous sense of history here," he adds. "The property was settled by one of the first group of Scots who arrived in Perth in the spring of 1816. The refurbished heritage barns are landmarks of beauty and tradition. Sunlight filters through gaps between the rough barn boards. Also, the massive timber structures form simple spaces that are now poignant reminders of the early settlers' way of life."

Readings On The Tay will take place on Sunday, July 24 at 2PM. Admission to hear all five authors read is only \$10. Ecotay is located at 942 Upper Scotch Line at the corner of Menzies Munro Side Road, in Tay Valley, Perth. "Look for the red barn doors!" says Michael.

For information, please contact Michael Glover at 267-6391 or <michaelglover@ecotay.com>. Alternately, you can contact John Pigeau at 466-0663 or <john.pigeau@thehummm.com>.

— *John Pigeau is the author of the acclaimed novel The Nothing Waltz, co-owner of Backbeat Books, Music & Gifts in Perth with his lovely fiancée, and the founder of the First Edition Reading Series. His second novel will be published in the spring of 2012. He really keeps quite busy.*

## Ottawa Valley

### Family Health Team

#### Do You Need A Family Physician?

Our Family Health Team is evaluating the health care gaps that exist in our catchment area by creating a registry of community members who do not currently have a family physician or wish to have a local family physician.

In an attempt to focus our physician recruitment strategies, we would like to get a better sense of how many people require access to care.

If you live in Mississippi Mills – which includes Almonte, Pakenham, Ramsey, Appleton, Blakeney, and Clayton – and meet the above criteria, please call our office at **613-256-2514 ext. 2602** or email us at [info@ovfht.ca](mailto:info@ovfht.ca). We will ask you a few questions, including your name, address, and telephone number; this information is kept strictly confidential and will not be shared. **Please note that being placed in our registry does not guarantee that you will be assigned a family physician**, though every effort will be made to respond to the health care needs of our community in a timely manner.



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**10 A.M. - 4 P.M.**

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Fondation de santé mentale  
**Royal Ottawa**  
Foundation for Mental Health

[www.rideaulakesartists.com](http://www.rideaulakesartists.com)





*Wizard of Oz*, Smiths Falls, Aug 4  
*Disney's Camp Rock*, Perth, Aug 4-5  
*The Fourposter*, Perth, Aug 5-28  
**Naismith 3-on-3 Basketball Festival**, Almonte, Aug 6  
**Puppets Up!**, Almonte, Aug 6-7  
**Rick Fines/Suzie Vinnick**, Westport, Aug 8  
*Mail Order Annie*, Aug 11-14, 19-21  
**Quilts of the Tay**, Perth, Aug 12-14  
**Carp Garlic Festival**, Aug 13-14  
**Perth Lions Garlic Festival**, Aug 13-14  
**Children's Walk for Autism**, Carleton Place, Aug 14  
*Antony & Cleopatra*, Almonte, Aug 18  
*Footloose*, Perth, Aug 18-20  
**North Lanark Highland Games**, Almonte, Aug 20  
**Farmers' Mkt Corn Festival**, Carleton Place, Aug 20  
**Lanark Township Schools Reunion**, Middleville, Aug 21  
**Roxanne Potvin**, Westport, Aug 22  
**55+ Regional Games**, Smiths Falls, Aug 23  
*Fun with Shakespeare*, Perth, Aug 26  
**Art Show & Sale**, Rideau Lakes, Aug 27-28  
**Chris Antonik**, Manotick, Aug 28  
*Disney's Aladdin*, Perth, Sep 1-2  
**Perth Fair**, Sep 2-5  
**Sundance Studio Tour**, Maberly, Sep 3-5  
**Pickle Fest**, Smiths Falls, Sep 10  
**Fibrefest**, Almonte, Sep 10-11  
**The Night is Young**, Almonte, Sep 16  
**Farmers' Mkt Chili Cook-Off**, Carleton Place, Sep 17  
**The Lost Fingers**, Burnstown, Sep 20  
**Power Up Your Life**, Almonte, Sep 23-25  
**Alcan Quartet (PPAC)**, Perth, Sep 23  
**Art Show & Sale**, Rideau Lakes, Oct 1-2  
**The Rideau Plein Air Festival**, Westport, Oct 2  
**Expressions of Art**, Carp, Oct 7-9  
**Crown & Pumpkin Studio Tour**, Mississippi Mills, Oct 8-10  
**Farmers' Mkt Harvest Festival**, Carleton Place, Oct 15  
**Crash Test Dummies**, Burnstown, Oct 23  
**Emilie Claire Barlow**, Burnstown, Oct 30

## Visual Arts

**Rideau Lakes Studio & Garden Tour**, Jul. 2 & 3, 10AM-5PM. Brochures at Rideau Lakes area shops & restaurants. 928-3041, rideaulakesstudioandgardentour.com.  
**Vernissage**, Jul. 8, 7-9PM. Featuring Faye Lavergne. Brush Strokes, 129 Bridge St., Carleton Place. 253-8088, brushstroke-sart.ca.  
**Art In The Barn**, Jul. 9 & 10, 10AM-4PM. Annual art show & sale of Rideau Lakes Artists' Assoc. Lombardy Fairgrounds, Smiths Falls. rideaulakesartists.com.  
**Pints 'n Purls**, Jul. 13, 6-9PM. Knitting group. Sponsored by Just Knitting, Old Mill Pub, 113 Old Mill Rd, Ashton. 257-2296.  
**Flippin' Art Night**, Jul. 21, 5-8PM. Ballygiblin's, 151 Bridge Street, Carleton Place. 257-2031, artscarletonplace.com. Free  
**Vernissage**, Jul. 28, 7PM. "Woven" - Ottawa Mixed Media Artists. Mississippi Valley Textile Museum, 3 Rosamond St. E, Almonte. Free admission; cash bar

# WHAT'S ON IN

Monday

Tuesday

Wednesday

Thursday

**Brush Strokes** presents Faye Lavergne <brushstrokesart.ca>  
**Baker Bob's Gallery** presents Bicycle Polo: A Photography Exhibition.  
**fieldwork** presents land art - summer installations: Steven White, Jennifer Ryder Jones, Michael Alstad, and the Bakerygroup <fieldwork.blogsome.com>  
**Gallery Perth** at Code's Mill has an After The Fire sale, July 10-23 <galleryperth.com>  
**Heritage House Museum** presents "Wishing you were here!", "Living with Redwork" <smithsfalls.ca/heritagehouse>  
**MVTM** presents "Woven" by Ottawa Mixed Media Artists. <mvtm.ca>  
**Palms Coffee Shop** presents Caitlin Barrie's textiles & Richard Skrobecki's pottery <palmsonline.ca>  
**Philip K. Wood Gallery** (Almonte) presents original works by local & regional artists.  
The **Almonte Library Corridor Gallery** presents David Zimmerly, photography.  
The **Mississippi Mills Chamber Gallery** presents Dianne Gale, quilts.  
**Kiwi Gardens** presents Sculpture in the Summer Garden (garden art by 20 artists), <kiwigardens.ca>  
**Whitehouse Perennials** presents Bloomfest, July 20-31 <whitehouseperennials.com>

4	5 🎵 Open Mic, The Barley Mow	6 🎭 Showtime at the Station, Carleton Place 🎭 Smiths Falls Toastmasters Club	7 🎭 Elf, Smiths Falls 🎵 Freshly Ground, Neat Coffee Shop 🎵 Spencer Evans Trio, The Cove 🎵 Open Celtic Jam, Naismith Pub 🎵 Perth Citizen's Band, Perth 🎵 Terry Tufts, The Barley Mow
11 🎭 Almonte Coin Club, Almonte 🎵 Jack de Keyzer, The Cove Country Inn	12 🎭 Battle of the Boyne Celebrations, Smiths Falls 🎵 Open Mic, The Barley Mow	13 🎭 Bell, Book & Candle, Perth 🎭 Pints 'n Purls, Ashton 🎭 Showtime at the Station, Carleton Place 🎭 Smiths Falls Toastmasters Club	14 🎭 Bell, Book & Candle, Perth 🎵 Ganga Giri, Neat Coffee Shop 🎭 Grease, Smiths Falls 🎵 Spencer Evans Trio, The Cove 🎵 Open Celtic Jam, Naismith Pub 🎵 Terry Tufts, The Barley Mow
18 🎭 Green Liquid Refreshments, Smiths Falls	19 🎵 Open Mic, The Barley Mow	20 🎭 Bell, Book & Candle, Perth 🎭 Heritage House Tour, Westport 🎭 Showtime at the Station, Carleton Place 🎭 Smiths Falls Toastmasters Club	21 🎭 Bell, Book & Candle, Perth 🎭 Flippin' Art Night, Carleton Place 🎭 Hoot, Smiths Falls 🎵 Spencer Evans Trio, The Cove 🎵 Open Celtic Jam, Naismith Pub 🎵 Perth Citizen's Band, Perth 🎵 Terry Tufts, The Barley Mow
25 🎵 Robin Banks, The Cove Country Inn	26 🎵 Open Mic, The Barley Mow	27 🎭 Bell, Book & Candle, Perth 🎭 Showtime at the Station, Carleton Place 🎭 Smiths Falls Toastmasters Club	28 🎭 Bell, Book & Candle, Perth 🎵 Spencer Evans Trio, The Cove 🎵 Open Celtic Jam, Naismith Pub 🎭 Tangled, Smiths Falls 🎵 Terry Tufts, The Barley Mow 🎭 Vernissage, Almonte

## Youth

Perth Academy of Musical Theatre presents **A Disney Spectacular**, Jul. 8, 10:30AM, 7pm; **Swordfighting & Stage Combat**, Jul. 9, 7PM; **Glee!**, Jul. 15, 7PM; **Gilbert & Sullivan's Thespis**, Jul. 22, 10:30AM, 7pm; and **PAMT Idol**, Jul. 23, 7PM. Call 267-9610 with a credit card for tickets. Myriad Centre, 2 Sherbrooke St., Perth. \$10

## Literature

**1st Edition Reading Series**, Jul. 8, 5:30PM. Readings by Jeanette Lynes, Jennifer Londry, Phil Hall. Backbeat, 6 Wilson St. W., Perth. jpageau@hotmail.com, \$5  
**Readings On The Tay**, Jul. 24, 2PM. Authors Ibi Kaslik, Holly Luhnning, Alexandra Leggat, Catherine Graham, Pearl Pirie. ECOTAY Education Centre, 942 Upper Scotch Line, Perth. 267-6391, \$10

## Festivals

**Celtfest**, Jul. 9, 2PM-10PM; Jul. 10, 12-6PM. Celtic music in Gemmill Park, Almonte. With The Rogues (Sat.) & Glendarry Bhoys (Sun.) almonteceltfest.com. Free  
**Stewart Park Festival**, Jul. 15-17. Free music, workshops, kids' activities & after hours music. Stewart Park, Herriott St., Perth. stewartparkfestival.com  
**Almonte Fair**, Jul. 15-17. Demolition derby, demos, midway, kid's games, beer tent. Almonte Fairgrounds. almontefair.com  
**Canal Railway Festival**, Jul. 15-17. Music, entertainment, workshops, medieval battle demos & more. canalrailwayfest.com. Centennial Park, Smiths Falls  
**Herbfest**, Jul. 24, 9AM-5PM. Vendors, food, cook-off, talks, walks. The Herb Garden, Almonte. 256-0228, herbfest.ca. \$5; \$4 in adv. \$2 parking

## Carnival Diablo Festival of Wonders,

Jul. 29 (4PM-2AM), 30 (11AM-2AM), 31 (11AM-10PM). Vaudeville, sideshow, paranormal. ticketsplease.ca. Hay Shore Resort, Carleton Place. carnivaldiablo.com.

## Theatre

Movies in the Park present **Elf** (Jul. 7), **Grease** (Jul. 14), **Hoot** (Jul. 21), **Tangled** (Jul. 28). Starts at dusk. Cancelled if rain. Centennial Park, Smiths Falls. 285-9125, together-smithsfalls.com. Free  
**Bell, Book & Candle**, Jul. 8-31, 8pm Wed-Sat; 2pm Wed/Sat/Sun. John van Drueten's bewitching romantic comedy, presented by the Classic Theatre Festival. PDCI, 13 Victoria St., Perth. 1-877-283-1283, www.classictheatre.ca.  
**Spiritual Cinema Circle**, Jul. 31, 2PM. Myriad Centre, 2 Sherbrooke St., Perth. 267-4819. \$2 donation for theatre rental

## Music

**Seniors Hootenanny**, Jul. 1, 4-7PM. With the Valley Rovers. Dancing, food available. Centennial Hall, Franktown. 257-1539, www.twp.beckwith.on.ca.  
**Rideau Ferry Nostalgia Dance**, Jul. 2, 7PM-1AM. Smiths Falls Community Centre. 283-4124, mloughren@smithsfalls.ca.  
**Music in the Park**, Sundays 5-8PM. Jam or listen. Lower Reach Park, Smiths Falls. 284-8446, openstage.ca. Free  
**Perth Citizen's Band Outdoor Concert**, Jul. 7 & 21, 7:30PM. Classical, Broadway, movie themes, jazz, blues, etc. Stewart Park Bandstand, Herriott St., Perth.  
**Replay The Beatles**, July 8, 9, 22, 23, 29, 30. 8PM. Recreating the Beatles today. Tickets at Tickets Please. Studio Theatre, 63 Gore St. E., Perth. \$30

# JULY 2011

## Friday

## Saturday

## Sunday

<ul style="list-style-type: none"> <li>🎵 <b>Breakfast for Seniors of Beckwith Township</b>, Beckwith</li> <li>🎵 <b>Canada Day Ceilidh/Nature Celebration</b>, Lanark</li> <li>🎵 <b>Meaghan Smith</b>, Neat Coffee Shop</li> <li>🎵 <b>Seniors Hootenanny</b>, Franktown</li> </ul>	<ul style="list-style-type: none"> <li>🎵 <b>Ben San Pedro</b>, The Cove Country Inn</li> <li>🎵 <b>Perth Antiques Show</b>, Perth</li> <li>🎵 <b>Rideau Ferry Nostalgia Dance</b>, Smiths Falls</li> <li>🎵 <b>Rideau Lakes Studio &amp; Garden Tour</b></li> </ul>	<ul style="list-style-type: none"> <li>🎵 <b>Free Yoga along the Rideau</b>, Smiths Falls</li> <li>🎵 <b>Jazz Brunch</b>, Fiddleheads Bar &amp; Grill</li> <li>🎵 <b>Kevin Head on the patio</b>, The Cove Country Inn</li> <li>🎵 <b>Kirkin' O' the Tartan</b>, Westport</li> <li>🎵 <b>Magnolia Rhythm Kings</b>, The Royal Oak</li> <li>🎵 <b>Music in the Park</b>, Smiths Falls</li> <li>🎵 <b>Perth Antiques Show</b>, Perth</li> <li>🎵 <b>Rideau Lakes Studio &amp; Garden Tour</b></li> </ul>
<ul style="list-style-type: none"> <li>📖 <b>1st Edition Reading Series</b>, Perth</li> <li>🎵 <b>A Disney Spectacular</b>, Perth</li> <li>🎵 <b>Bell, Book &amp; Candle</b>, Perth</li> <li>🎵 <b>Crathur (celebrating Celtfest)</b>, St. James Gate</li> <li>🎵 <b>Replay The Beatles</b>, Perth</li> <li>🎵 <b>Vernissage</b>, Carleton Place</li> </ul>	<ul style="list-style-type: none"> <li>🎵 <b>Art In The Barn</b>, Smiths Falls</li> <li>🎵 <b>Bell, Book &amp; Candle</b>, Perth</li> <li>🎵 <b>Ben San Pedro</b>, The Cove Country Inn</li> <li>🎵 <b>Celtfest</b>, Almonte</li> <li>🎵 <b>CP Farmers' Market - Craft Fair</b>, Carleton Place</li> <li>🎵 <b>Replay The Beatles</b>, Perth</li> <li>🎵 <b>Strawberry Social</b>, Carleton Place</li> <li>🎵 <b>Swordfighting &amp; Stage Combat</b>, Perth</li> </ul>	<ul style="list-style-type: none"> <li>🎵 <b>Annual Heritage Band Tattoo</b>, Carleton Place</li> <li>🎵 <b>APEX Jazz Band</b>, Royal Oak</li> <li>🎵 <b>Art In The Barn</b>, Smiths Falls</li> <li>🎵 <b>Bell, Book &amp; Candle</b>, Perth</li> <li>🎵 <b>Celtfest</b>, Almonte</li> <li>🎵 <b>Free Yoga along the Rideau</b>, Smiths Falls</li> <li>🎵 <b>Jazz Brunch</b>, Fiddleheads Bar &amp; Grill</li> <li>🎵 <b>Kevin Head on the patio</b>, The Cove Country Inn</li> <li>🎵 <b>Music in the Park</b>, Smiths Falls</li> <li>🎵 <b>Valley Singles Lunch</b>, Almonte</li> </ul>
<ul style="list-style-type: none"> <li>🎵 <b>Almonte Fair</b></li> <li>🎵 <b>Bell, Book &amp; Candle</b>, Perth</li> <li>🎵 <b>Canal Railway Festival</b>, Smiths Falls</li> <li>🎵 <b>Glee!</b>, Perth</li> <li>🎵 <b>Steve Barrette Trio</b>, The Swan at Carp</li> <li>🎵 <b>Stewart Park Festival</b>, Perth</li> </ul>	<ul style="list-style-type: none"> <li>🎵 <b>Almonte Fair</b></li> <li>🎵 <b>Bell, Book &amp; Candle</b>, Perth</li> <li>🎵 <b>Ben San Pedro</b>, The Cove Country Inn</li> <li>🎵 <b>Canal Railway Festival</b>, Smiths Falls</li> <li>🎵 <b>CREWK Open House</b>, Carp</li> <li>🎵 <b>Stewart Park Festival</b>, Perth</li> <li>🎵 <b>Sweet 'n' Low</b>, St. James Gate</li> <li>🎵 <b>The Unsettlers</b>, Neat Coffee Shop</li> </ul>	<ul style="list-style-type: none"> <li>🎵 <b>Almonte Fair</b>, Almonte Agricultural Hall, Almonte</li> <li>🎵 <b>Bell, Book &amp; Candle</b>, Perth</li> <li>🎵 <b>Canal Railway Festival</b>, Smiths Falls</li> <li>🎵 <b>Free Yoga along the Rideau</b>, Smiths Falls</li> <li>🎵 <b>Jazz Brunch</b>, Fiddleheads Bar &amp; Grill</li> <li>🎵 <b>Kevin Head on the patio</b>, The Cove Country Inn</li> <li>🎵 <b>Magnolia Rhythm Kings</b>, Royal Oak</li> <li>🎵 <b>Music in the Park</b>, Smiths Falls</li> <li>🎵 <b>Stewart Park Festival</b></li> <li>🎵 <b>The Billy Markhams</b>, Heirloom Café</li> </ul>
<ul style="list-style-type: none"> <li>🎵 <b>Bell, Book &amp; Candle</b>, Perth</li> <li>🎵 <b>Gilbert &amp; Sullivan's Thespis</b>, Perth</li> <li>🎵 <b>Public Star Party</b>, Carp</li> <li>🎵 <b>Replay The Beatles</b>, Perth</li> </ul>	<ul style="list-style-type: none"> <li>🎵 <b>Bell, Book &amp; Candle</b>, Perth</li> <li>🎵 <b>Ben San Pedro</b>, The Cove Country Inn</li> <li>🎵 <b>Luke Doucet &amp; White Falcon</b>, Neat Coffee Shop</li> <li>🎵 <b>Murph &amp; The Mail Man</b>, St. James Gate</li> <li>🎵 <b>Naismith Unveiling</b>, Almonte</li> <li>🎵 <b>PAMT Idol</b>, Perth</li> <li>🎵 <b>Replay The Beatles</b>, Perth</li> </ul>	<ul style="list-style-type: none"> <li>🎵 <b>APEX Jazz Band</b>, Royal Oak</li> <li>🎵 <b>Bell, Book &amp; Candle</b>, Perth</li> <li>🎵 <b>Free Yoga along the Rideau</b>, Smiths Falls</li> <li>🎵 <b>Herbfest</b>, Almonte</li> <li>🎵 <b>Jazz Brunch</b>, Fiddleheads Bar &amp; Grill</li> <li>🎵 <b>Kevin Head on the patio</b>, The Cove Country Inn</li> <li>🎵 <b>Music in the Park</b>, Smiths Falls</li> <li>🎵 <b>Readings On The Tay</b>, Perth</li> </ul>
<ul style="list-style-type: none"> <li>🎵 <b>Bell, Book &amp; Candle</b>, Perth</li> <li>🎵 <b>Breakfast with Soul</b>, Almonte</li> <li>🎵 <b>Carnival Diablo Festival of Wonders</b>, Carleton Place</li> <li>🎵 <b>Replay The Beatles</b>, Perth</li> <li>🎵 <b>Steve Barrette Trio</b>, The Swan at Carp</li> </ul>	<ul style="list-style-type: none"> <li>🎵 <b>Bell, Book &amp; Candle</b>, Perth</li> <li>🎵 <b>Ben San Pedro</b>, The Cove Country Inn</li> <li>🎵 <b>Brea Lawrenson</b>, St. James Gate</li> <li>🎵 <b>Bridge Street Bazaar</b>, Carleton Place</li> <li>🎵 <b>Carnival Diablo Festival of Wonders</b>, Carleton Place</li> <li>🎵 <b>Replay The Beatles</b>, Perth</li> </ul>	<ul style="list-style-type: none"> <li>🎵 <b>Bell, Book &amp; Candle</b>, Perth</li> <li>🎵 <b>Carnival Diablo Festival of Wonders</b>, Carleton Place</li> <li>🎵 <b>Free Yoga along the Rideau</b>, Smiths Falls</li> <li>🎵 <b>Jazz Brunch</b>, Fiddleheads Bar &amp; Grill</li> <li>🎵 <b>Kevin Head on the patio</b>, The Cove Country Inn</li> <li>🎵 <b>Magnolia Rhythm Kings</b>, Royal Oak</li> <li>🎵 <b>Music in the Park</b>, Smiths Falls</li> <li>🎵 <b>Spiritual Cinema Circle</b>, Perth</li> </ul>

**Smiths Falls Toastmasters Club**, Wednesdays 7PM. Weekly meetings. Courtyard Cafe, Davidson's Courtyard, Smiths Falls. [robrodine@hotmail.com](mailto:robrodine@hotmail.com).

**CP Farmers' Market - Craft Fair**, Jul. 9, 8AM-Noon. Local artisans and regular vendors. Cdn Co-op Wool Growers, 142 Franktown Road, Carleton Place. 253-3561, [www.cpfm.ca](http://www.cpfm.ca).

**Strawberry Social**, Jul. 9, 1:30-3:30PM. Carleton Place & Beckwith Heritage Museum, 267 Edmund St., Carleton Place. 253-7013. \$10; kids under 10 \$3

**Free Yoga along the Rideau**, Sundays 8:15-9AM. Lower Reach Park, Smiths Falls. 283-6163, [macdean@sympatico.ca](mailto:macdean@sympatico.ca), [smithsfallsyoga.com](http://smithsfallsyoga.com).

**Valley Singles Lunch**, Jul. 10, 12:30-2:30PM. Singles lunch, all welcome. To register, call 256-8117 or 432-7622. The Barley Mow, 79 Little Bridge Street, Almonte.

**Almonte Coin Club**, Jul. 11, 7PM. All welcome. Show and tell. Alliance Coin & Banknote, 88 Mill St., Almonte

**Battle of the Boyne Celebrations**, Jul. 12, 3PM-1AM. Worship service, roast beef dinner, parade, free entertainment. Smiths Falls Memorial Community Centre, Smiths Falls. 283-4124 x1150.

**Open House**, Jul. 16, 11AM-3PM. Practitioner demos, tea tasting, kids' yoga, nature walk, free talks, BBQ. Carp Ridge EcoWellness Centre, 2386 Thomas Dolan Pkwy, Carp. 839-1198, [www.ecowellness.com](http://www.ecowellness.com). Free

**Green Liquid Refreshments**, Jul. 18, 7PM. Green conversation sponsored by Rideau Environmental Action League. Coffee Culture Cafe & Eatery, 2 Russell St. E., Smiths Falls.

**Heritage House Tour**, Jul. 20, Noon-5PM. \$15 includes refreshments from 2-5pm. Advance tickets only, from Murphy's Barber Shop or Rideau District Museum, 273-2502. Fundraiser for Rideau District Museum. Westport area

**Public Star Party**, Jul. 22, 8PM-1AM. Ottawa Ctr of the Royal Astronomical Soc. members set up their telescopes & share their passion of the night sky with the public. If cloudy: Jul 23 or 30. Ottawa Public Library - Carp Branch, 3911 Carp Rd. [www.ottawa-rasc.ca](http://www.ottawa-rasc.ca). Free

**Naismith Unveiling**, Jul. 23, 11AM-1PM. 11am James Naismith statue near Baker Bob's, 12:30pm \$4 token unveiled at Alliance Coin. Downtown Almonte

**Breakfast with Soul**, Jul. 29, 8-10AM. Breakfast (8-9am), open discussion (9-10am) at White Lilly. Register for breakfast at 256-7799. Mill Street Crepe Co., 14 Mill St., Almonte. [www.lillywhite.ca](http://www.lillywhite.ca). Free

**Bridge Street Bazaar**, Jul. 30, 9AM-4PM. Annual pedestrian-friendly market with vendors, activities, entertainment. Bridge Street, Carleton Place. 257-8049, [cmcormond@carletonplace.ca](mailto:cmcormond@carletonplace.ca).

**Annual Heritage Band Tattoo**, Jul. 10, 12:30PM, Royal Cdn Legion, 177 George St, Carleton Place.

Acoustic Blue Mondays presents **Jack de Keyzer** w/Alan Duffy, Jul. 11; **Robin Banks** w/Mitchell Lewis, Jul. 25, 7-11PM. Acoustic Blue Mondays. Dinner & show. The Cove, Westport. 273-3636, [choosetheblues.ca](http://choosetheblues.ca). \$40; \$35 in advance

**The Swan at Carp** (Falldown Lane Carp, 839-7926) 7-10pm. Jul 15, 29 Steve Barrette Trio

**Fiddleheads** (Code's Mill, Perth, 267-1304): Sunday jazz brunch with Clay Young & guest, 12-3pm.

**St. James Gate** (111 Bridge St., Carleton Place, 257-7530): Live at the Gate 8:30-11pm, no cover Jul 8 Crathur (celebrating Celtfest), 9pm Jul 16 Sweet N' Low Jul 23 Murph & The Mail Man Jul 30 Brea Lawrenson

**The Downstairs Pub at JR's** (385 Ottawa St., Almonte, 256-2031) Thurs Karaoke, 9pm, no cover; Fri Open Stage, 9pm, no cover; Sat live music, 9pm.

**The Royal Oak** (329 March Rd. Kanata, 591-3895): jazz on Sun, no cover. Jul 3, 17, 31 Magnolia Rhythm Kings, 3-6pm Jul 10, 24 APEX Jazz Band, 2-5pm

**The Cove** (2 Bedford St., Westport, 273-3636): Jazz w/Spencer Evans Trio Thurs 9-11pm, pianist Ben San Pedro Sat 6-9pm, Kevin Head on the patio Sun 1-4pm

**The Barley Mow** (79 Little Bridge St., Almonte, 256-5669): Open Mike w/Jumpin' Jimmy Leroux (7pm); Terry Tufts Thurs (8-11pm).

**Naismith Pub** (411 Ottawa St., Almonte, 256-6336): Open Celtic Jam Thurs, no charge (7:30-10pm).

**Neat Coffee Shop** (1715 Calabogie Rd.,

Burnstown, 433-3205): 8pm Jul 1 Meaghan Smith, \$20 Jul 7 Freshly Ground, \$30 Jul 14 Ganga Giri, \$25 Jul 16 The Unsettlers, \$16 Jul 23 Luke Doucet & White Falcon, \$25

**Heirloom Café/Bistro** (7 Mill St., Almonte, 256-9653). Jul 17 The Billy Markhams: Songs from the Abyss Hymnal. 7pm, \$3

**Community** 

**Breakfast for Seniors of Beckwith Township**, Jul. 1, 8:30-10:30AM. Complimentary buffet breakfast. Pre-register at 257-1539 or [cmgregor@twp.beckwith.on.ca](mailto:cmgregor@twp.beckwith.on.ca). Brunton Community Hall, 1702 9th Line, Beckwith.

**Canada Day Ceilidh/Nature Celebration**, Jul. 1, 5:30PM. BBQ, music by the Barley Shakers. Tickets at Nature Lover's Bookshop, Shadowfax or Baker Bob's.

Fundraiser for Mississippi Madawaska Land Trust Conservancy. Glengyle Farm, 2208 Highway 511, Lanark. 259-5654, [mmtcc.ca](http://mmtcc.ca). \$20; \$30 couple

**Perth Antiques Show**, Jul. 2 & 3, 10AM-4PM. 32 dealers from ON/QC. 1-3pm, have an item appraised for free. Perth Legion, 26 Beckwith St E. 283-5270. \$7

**Free Yoga along the Rideau**, Sundays, 8:15AM-9AM. Lower Reach Park, Smiths Falls. 283-6163, [macdean@sympatico.ca](mailto:macdean@sympatico.ca), [smithsfallsyoga.com](http://smithsfallsyoga.com).

**Kirkin' O' the Tartan**, Jul. 3, 7PM. Garth Hampson (soloist), Jan Neal (organist), Ron Dobson (piper). Westport United Church

**Showtime at the Station**, Wednesdays 6-8PM. Free family entertainment. Carleton Place Chamber of Commerce, 132 Coleman St., Carleton Place. 257-1976, [brenda@cpchamber.com](mailto:brenda@cpchamber.com).

To have your event listed, submit the title, date, time, location, cost & a brief description to [calendar@thehummm.com](mailto:calendar@thehummm.com)



# Humm Bits

## Renfrew Hospital Fundraiser

The Renfrew Victoria Hospital Auxiliary is operating a Victorian Miniature House Raffle and Lottery Fundraiser as part of its drive to raise \$35,000 of a \$150,000 commitment towards the hospital's CT scanner. On April 25, the first of eight monthly early bird draws saw five lucky ticket holders receive one hundred dollars each. The second early bird lottery draw was held May 30. RVH is pleased to announce that the winners are: Barbara Smith, Renfrew; Vi Rossy, Renfrew; Nancy Jossinet, Perth; Eileen Richardson, Arnprior and Nellie Kingsbury, Renfrew.

The miniature house is on display at Stone Meadow's Kitchen Shop at 350 Raglan Street in Renfrew, where tickets are available. Tickets may also be purchased at the RVH Gift Shop, at Odie's Beads, from auxiliary members, at the Cobden Home and Garden Tour on June 18, and at the Renfrew Fair on September 7 to 11.

According to raffle and lottery convener Barb Symington: "the hospital Auxiliary is an energetic team of volunteers who have enjoyed tremendous support from the community for our various fundraising projects. We are well on our way to reaching our goal of \$35,000 for this fundraiser and towards our total commitment of \$150,000 for the CT scanner. We encourage you to purchase your tickets early so that you can qualify for all the early bird draws as well as the grand prizes of the victorian house, one thousand dollars cash, and five hundred dollars cash."

## Volunteer with Active Seniors Koalition!

We all look forward to retirement, imagining no more alarm clock, long days spent golfing or gardening or enjoying the grandchildren. The reality for many is much less idyllic. In rural areas such as Lanark County, many seniors find, especially through the winter months, that it is very easy to become isolated, inactive and lonely.

With these issues in mind, the Active Seniors Koalition (ASK) was created to provide rural seniors with activities that offer a physical and social dimension. ASK's mandate is to develop activities that will get seniors engaged, active, and out of the house through the long winter months. Programs that ASK has either created or helped create include line dancing in Middleville, shuffleboard and Wii bowling in Watson's Corners, the Get With It walking programs in Lanark and Carleton Place, and the annual Summer Fun Day at Robertson Lake.

For the fall and winter season of 2011/2012, ASK is hoping to offer seniors in Lanark County both Tai Chi and chair exercising, and so is looking for volunteers who would be interested in instructing either of these activities. If you are interested in volunteering for ASK, please contact Kate at 492-0291. ASK is funded by the Trillium Foundation and is able to pay mileage only to its instructors.

## A Night on the Town to Benefit Children's Literacy

The Friends of the Perth Library are gearing up for their annual "Night on the Town" draw, to benefit the Children's Literacy Fund. This year's event features double the prizes of past years, so you won't want to miss out! Tickets are now available at the library or from Friends of the Library (who will be out and about around town). There will be two draws this year, and lucky winners receive a \$100 dinner at Maximillians and two tickets to a Perth Performing Arts Committee (PPAC) performance.

## Make Friends with Fibre

Sign up now for the Mississippi Valley Textile Museum's **Fibre Friends Workshops**. Running July 11 to 15, from 9:30AM to noon, they make a fun morning for ages nine and up. Sign up for one day, or how about the entire week?

On Monday July 11, your child can Make a Friend with String by learning to create friendship bracelets. On Tuesday, the kids will Make a Friend with Recycling, as they transform a sock into a sock monkey or sock critter. Wednesday they can Make a Friend with Yarn, as they learn how to knit their own "Pupper" with Janie of Janie H. Knits. Thursday is Make a Friend with Fur day — who doesn't love a teddy bear? And round out the week on Friday with Make a Friend with Stitching — it's known as a kiss, and made from plastic canvas.

Each workshop is \$10 per day per student or \$45 for the week. To book your spot, please call 256-3754 x11 or email <info@mvtm.ca>.

## The Reeve Report

# Eau de Summer

So here we are, staring down the sun-soaked idyll of summer. We might have big plans for this hiatus when duties seem to call less frequently — or no plans at all, just the notion that we will sit back and let the summer wash over us. When I was ten, I was throwing off my shoes

The trick was to get in, choose the packages wrapped in pink freezer paper, and get out as quickly as we could, all the while seeing our breath like the middle of winter. We were always afraid we'd get locked in there! I can remember the rush of cold air as we stepped into the freezer, and the wall of heat as we stepped out. Long before air conditioning reared its ugly head, a trip to the locker storage was both a treat and a threat.

by Glenda Jones

and socks and hollering for friends. We'd leap on our bikes, and be gone to the secret haunts kids find everywhere, swimming in the river currents we'd been warned against, climbing over sand dunes way back of the water tower half way to somewhere else. We'd return late in the afternoon, sunburnt and sandy, and no parent would ask where we'd been, because we really couldn't have said — "just somewhere."

And then, about four o'clock, we'd relieve the heat with a trip to the locker storage. When Don, our local butcher, opens his big freezer, the familiar click of the handle and the dry cold meaty smell carry me back to those sizzling summer afternoons. Outdoors it was in the high 30s; inside the locker storage at the butcher shop it was so cold we needed a sweater. The locker storage consisted of a freezer vault with cupboards the size of a small fridge freezer. For a nominal fee, a family could rent a space for a year and store frozen food much safer than it could be stored at home in a 1950s' fridge. Our space housed huckleberries and hamburger, tomatoes and strawberries. For years I thought the butcher simply gave us everything that was stored there, like it was some communal gift. Why didn't I notice my mom preparing all those things?

We were at a wiener roast last night — a real wiener roast with whittled willow sticks for cooking hot dogs, a real wood fire built in the middle of the driveway, and the smell of smoke that no BBQ can replicate. We knelt beside the coals and roasted our knees and knuckles and remembered campfires long past. A table groaning with salads completed the meal: good old fashioned potato salad, dark tomatoes and good cheese, devilled eggs on one of those glass plates with the little dips. But nothing tasted as good as those hot dogs. I recall fondly the sun setting on our lake shore, and my dad building a little fire so we could roast hot dogs followed by S'mores. We thought my mom invented those at Brownie camp — not the fancy ones you buy in a package now, but real ones with real graham crackers and fat marshmallows. It wasn't true that we all loved burnt marshmallows; it was just too hard to have the patience of my mom to toast them a perfect caramel brown.

It's haying time, and the rich green aroma floats over the fields. I could roll in that fresh cut grass and dream of the summer spent at the farm. The smell of the new hay masked the familiar barn odor, the horse and the one cow. I was awestruck by the strength of my cousin as he threw those bails. It took two of us to move one bail, but we were only six and eight, and he was a strapping teenager

who'd been doing that since he was "knee high to a grasshopper." We got to ride on the top of the load though, like real farm kids. What stories we had to tell when September rolled around and we had the ubiquitous "what I did this summer" essay!

One summer we bought a boat, and the whole season seemed to be redolent with the smell of gas fumes from the motor. Oh, what fun we had toodling around the lake exploring waterways we couldn't reach otherwise. It was a heavy wooden boat, and the motor was finicky at best. We called it a mule motor: stubborn, stalling, and noisy. We'd pile in the boat, set out for an adventure, and more than once we'd all be hauling on the oars getting home.

Lately in the evenings, I sit outside and relish the night air. I can smell the alyssum and petunias and the poplar trees by the pond. I wait for the stars to come out. One minute they're not there at all, and the next they flicker on like I'd pulled a switch. When it's really dark, the fireflies come out. Those little bugs appear in early June and are gone by early July — got to see them while we can. Only the annoying mosquitoes can make me relinquish my chair and retreat inside.

Eau de summer for sure, and oh, for those summers again. The freedom to put the world on hold for two months and do whatever we please is a rite of childhood that we need to embrace for ourselves too. Maybe not for two months — after all, we have obligations now that we are adults — but at least for a couple of days. And if we can't manage that, then at least in our minds, we should stop occasionally and remember those glory days of summer when the sun couldn't beat us getting up in the morning, and we would still be playing as it was setting at night.



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or visit her website at [www.marypfaff.ca](http://www.marypfaff.ca)



# Moving “Up” By Sizing Down

## Almonte Couple Trades Family Home For Designer-Inspired Villa Apartment, Spa Retreat, Maintenance-Free Gardens and Outdoor Sanctuary

There is no equivocation in John Kerry’s or Donna Nield’s voice about the strong attraction this couple has for living in Almonte, a town just twenty-five minutes from Kanata that is full of gorgeous architectural heritage and inspiring, natural vistas.

Donna has lived in numerous locales, including Belgium and Virginia, and along with John is particularly fond of warmer clime travels in winter, such as the Azores and Florida. They also share a fondness for Almonte’s cultural and community events and the general spirit of celebration that the town offers.

“There is such a broad scope of volunteer organizations here that you can get to know the community quickly and make a positive impact,” says Kerry, a well-known business owner, volunteer and church member.

When it came time to downshift from the Kerry family home, John and Donna were certainly keen to stay in town and continue to be active members of the vibrant community which features many cultural events, plays, celebrations and festivals. They found a perfect solution in the soon-to-be built Hyde Park Jamieson Mills complex, and are among the first to

area, hot tub, deck and waterfall shower zone, as well as a tranquility lounge, all complete the “personal oasis” exterior, with a fire-pit for keeping toes warm during cool summer evenings.



Local entrepreneurs and enthusiastic supporters of Almonte, Donna and John Kerry.

Other “firsts” include the outdoor fitness stations from Playworld Systems Inc. Landscape architect Gino Aiello planned the exterior to include ninety trees, 1,300 shrubs, and 3,000 square metres of grass, noting that: “the design is really exceptional for its size”. Prices at Jamieson Mills range from \$187,800 to \$312,500. Six appliances are included in the price.

Jamieson Mills is located at 100 Jamieson St. at the corner of Christian St. in Almonte. The sales site office is open from 11AM to 3PM,



**Above:** The waterfall showers and hot tub-spa zone won “most attractive option” in the customer survey. **Below:** An overview of the three-acre garden site which will have outdoor fitness stations, another first in the Ottawa region.

Tuesdays to Saturdays. For more information, call Karina Witten at 686-1222 x 113, email <karina.witten@hydeparkcanada.com> or visit online at <www.hydeparkcanada.com>.

— Anne Van Wyck



Al fresco dining in the outdoor kitchen area creates a warm, hospitality focal point.

purchase space there. The thirty 1-, 2- and 2-bedrooms with a den are called “villa” apartments because of their European styling. Set within a three-storey warm brick complex with beautifully landscaped views, the overall effect is that of a retreat. Jamieson Mills is also the first apartment complex in Almonte to offer underground parking.

Buyers choose their own villa’s package from four different designer-styled collections to best reflect their personal favourites. So whether one’s taste runs to traditional or classic, modern or contemporary, a cohesive package ensures that the unit reflects the desired aesthetics in terms of colour, cabinetry, flooring, countertops and finishes. An outdoor entertaining and cooking



Entertainment lounge and warming firepit for summer evenings, set within a rich landscape design by Gino Aiello, landscape architect.



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*Host* an intimate group of friends in your contemporary, ‘bistro’ kitchen and celebrate the arrival of a new season.

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# Compositions Art Gallery

Welcome to the Compositions Art Gallery, a hub of artistic activity in downtown Smiths Falls. Leah Hicks and Louis Tremblay opened this unique venue for artists, art lovers and art students in January 2011 at 47 Main Street.

Leah is an accomplished artist working mostly with acrylics on canvas. Her work has been shown in juried exhibitions by the Ottawa Artisans Guild, Ottawa Art Expo, La Petite Mort Gallery and more, and displayed at our own Davidson's Courtyard. She has also been invited to display her art at the 2011 Florence Biennale in Italy this coming December.

Louis has been instrumental in promoting the arts in and around Smiths Falls, first as the chair of the Arts and Culture Task Force, which spent the summer and fall of 2010 preparing the Arts and Culture portion of the Town's Master Plan for future development, and now as the president of the newly minted Smiths Falls and District Arts and Culture Council.

Their gallery supports local and regional artists by displaying and selling their work, from painting to photography and jewellery to sculpture.

As part of their unique programming, the gallery will have artists produce works of art on-site so that patrons can witness the evolution of the artistic process first hand.

Their commitment to providing members of the community with opportunities to explore their artistic interests and develop their hidden talents will result in a number of art classes being scheduled for the coming months. They are presently working on developing programs for adults, focusing on the following subjects: colour mixing, basic drawing, contour drawing, still life, and water colour.

The gallery also offers artists the opportunity to give classes in their space. Simply give them a call in order to discuss options with respect to programming, time and space. They have an outdoor garden which can be used as a classroom space throughout the summer.

Compositions Art Gallery will also be offering free art classes as part of this year's **Culture Days**,



Owners Leah Hicks and Louis Tremblay welcome you to their new Compositions Art Gallery in Smiths Falls

a pan-Canadian celebration where everyone is invited to explore and discover local arts and culture. Culture Days will take place from September 30 to October 2.

Compositions Art Gallery is also launching an initiative to bring together area galleries, studios and artists interested in participating in a new Smiths Falls & District Art Tour. A first meeting will be held on July 13 at the gallery. Interested parties should contact the gallery at the coordinates given below.

Plans for the future include "Art as Therapy" programs for people with various mental or physical impairments. Louis and Leah see their mission as bringing art to everyone and bringing everyone to art.

The Compositions Art Gallery, located at 47 Main Street East in Smiths Falls, is open from Wednesday to Sunday, from 12 to 7PM. They also open for private showings upon request.

For more information about the gallery and art classes, call 205-1258, visit <compositionsartgallery.com> or follow them on Twitter.

— Joffre Ducharme

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# Festival Season in Smiths Falls

It's July already. Time for Smiths Falls' sensational summer extravaganza, the **Canal & Railway Festival**. I was so impressed with last year's festivities that I decided to dedicate the whole column to this year's edition. On the heels of last summer's record-breaking event, this year's version, held from July 15 to 17, promises to be bigger and better than ever. The gates open at 4PM

line-up to guarantee a weekend of fun and laughter for kids of all ages. Larry Smith, one of Canada's top stand-up comedians, will emcee most of the shows. Entertainers include Deputy Doodle, Kobbler Jay the Eccentric Juggler, children's troubadour Dominic D'Arcy, and the popular educational puppet troupe "Kids on the Block", just to name a few. And, Ronald McDonald heard about all the fun we had last year and decided to come and spend the weekend with us.

by Joffre Ducharme

on Friday, allowing festival-goers access to beautiful Centennial Park with its 100,000 blooms adorning the banks of the historic Rideau Canal, the one and only UNESCO World Heritage Site in Ontario.

Throughout the weekend you can enjoy a variety of musical acts such as Lindsay Barr, the Searsons, Eddy and the Stingrays, the Spinney Brothers, the Doherty Brothers, the Continentals and many more. Wait, this just in, back by popular demand, Elvis has been confirmed as the headliner for the Saturday evening show. Yes, Shawn Barry, a Canadian professional tribute artist who has emerged as one of the top Elvis performers in North America, returns as the King. He delivers an outstanding, high-energy show in which he captivates his audience with amazing vocal accuracy, authentic costumes and incredible stage presence. Don't miss this special musical treat.

And the music is just part of it. An army of volunteers is busy putting together a

For those who need to keep busy, even at the festival, all kinds of hands-on workshops and interactive activities are planned. Two examples of note are the puppet-making workshop and the kazoo-making workshop. Imagine that — you make your own kazoo and get to take it home with you so that you can entertain your family with it all summer long. Attend both workshops and you can blame the kazoo playing on your puppet!

Medieval demonstrations have been a real hit at previous events, so this year a complete working medieval village will be set up on Turtle Island. Medieval merriment such as jousting, sword fights and grog-guzzling will be featured throughout the weekend. You can even participate in combat demonstrations. It's definitely not for the faint of heart.

As part of the festivities, soap box derby racers from across Ontario will again converge on the town to compete in this year's NAPA Gravity Gran Prix event on Sunday the 17<sup>th</sup>. Tallon and Brenna Win-

tle, both experienced racers and members of the Canadian Soap Box Racing Association, will carry the local colours on the day. Tallon will run a Super Stock car and Brenna will pilot a sleek and shiny Masters car. The event keeps growing every year and now attracts racers and their families from throughout Ontario and Quebec.

Let's see, what else: fire spinners at dark, chocolate contests, horse-drawn wagons, rickshaw rides, a cardboard box boat race on the canal, the festival parade on Saturday at noon, and a new, expanded midway by Classic Amusements.

Oh my! I've run out of space and I haven't even mentioned the food, the face-painting, the artisan tables... For more details, check out <canalrailwayfest.com>.

Take care and see you at the Falls.  
— Joffre Ducharme is a local photographer and writer. Reach him at <cjoffrecare@yahoo.ca>.



Even the King turns up for the Smiths Falls Canal & Railway Festival! Elvis impersonator Shawn Barry will perform at this year's event, which takes place from July 15-17.

## Culture Days are coming to Smiths Falls

Plans are underway to showcase what Smiths Falls and area have to offer during Culture Days this coming fall. Culture Days is a pan-Canadian celebration inviting everyone to explore, discover and participate in arts and culture in their communities. The newly formed Smiths Falls and District Arts and Culture Council (SFDACC) has taken the lead to make this an occasion we all can take part and take pride in.

Smiths Falls' museums — Heritage House Museum, Rideau Canal Museum and Railway Museum of Eastern Ontario — as well as Compositions Art Gallery are on board, developing stimulating programs for the weekend. Other cultural spaces are getting their plans in order and the SFDACC is there to help. All Culture Days activities are free to all attendees and take place from September 30 to October 2. If you or your group, organization or business would like to get involved please contact Louis Tremblay, SFDACC President at <wowitslouis@live.ca>. Also check out <culturedays.ca> for more information and to help inspire your own plans.

## Kelly Community Tip of the Month:

Mid-summer is the time to slow the pace down and look for leisure activities. Look no further than a canoe or kayak trip down the Mississippi River. Our favourite route is between Appleton and Almonte. Travel to Appleton and stop in for a visit at



the North Lanark Regional Museum. This little museum is a lovely reminder of the rich local history. Just down the hill is a public boat launch. A canoe from Appleton to Almonte round trip will likely take two hours. Along the route the shoreline is primarily undisturbed.

This is an excellent opportunity to view the wide range of birds, turtles and other wildlife that call Mississippi Mills home. Our goal for this summer is to paddle to Almonte for lunch. Exercise is always more fun when food is the reward! See you there.



Jennifer Kelly

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# Perth Summer Passport

The Perth area has a rich living history with a variety of attractions, festivals, cultural events and green spaces that create a perfect backdrop for time spent exploring the area, where a short drive will bring a world of experiences.

For the first time, the Perth and District Chamber of Commerce is bringing together a variety of businesses to offer incentives to welcome visitors to experience the town's hospitality. The launch of the Perth Summer Passport coincides with the celebration of Tourism Week, from June 6 to 12, through the Ontario Tourism Marketing Partnership Corporation.

Valid from June through to Labour Day weekend, the Passport packages together sales incentives in categories such as accommodation, dining, shopping and entertainment. It will be distributed through newspaper insertions, placement in tourist areas and

at events, and available online at <perchamber.com>.

"Recognizing the challenges of today's economy, we wanted to invite people to come, explore, discover, stay and enjoy heritage Perth and the district while offering incentives and value. With a variety of local companies participating in the Perth Summer Passport, guests to our area can spend the weekend, take in great entertainment, dine and shop," said Jack McTavish, president of the Chamber of Commerce board of directors.

Founded in 1890, the Perth and District Chamber of Commerce promotes economic development and prosperity in the Town of Perth and the surrounding district for the enrichment of the community, acts as a local voice of commerce, facilitates business and social contact amongst members, provides value added services to members, and promotes tourism.

# Free Talk with Tanis Day

Tanis Day will be speaking on Monday, July 25 from 7:30-9:30PM in Almonte's Heritage Court at 14 Mill Street. She will give a free introductory talk about human energy fields, connecting with higher spiritual energies, and the nature of negative consciousness. In November of last year, Tanis founded the School of Energy Enlightenment in Kitchener, Ontario. Tanis teaches people to accurately access capacities within themselves they did not realize they had. When they are shown these capacities, people often feel like they have found a part of themselves they always knew was there. People who do her work not only release negative triggers, patterns and pain they have carried for years, but also become their "higher self", the person they have always wanted to be. And, for those who want to go past personal transformation, the school teaches people how to adapt the work to their own vocation.

Tanis has been helping people attain personal mastery through awareness of their energy fields for over fifteen years. She combines esoteric healing with en-

ergy awareness and spiritual enlightenment. Tanis also has a PhD in economics and was a professor specializing in women's issues for over twenty years. She is internationally known for measuring the costs of violence against women and children. This unusual blend lends a substance and rigour to her spiritual teachings. Her approach is grounded, intelligent and highly effective while remaining accessible and all-embracing. As an experienced teacher, Tanis understands the needs of her students and shares her knowledge with loving kindness. She accepts students where they are, inviting them to expand their personal limits and discover their divine uniqueness. She is a friendly and inspiring teacher. Tanis's unusual approach is laid out in her recent book, *The Whole You: Healing and Transformation through Energy Awareness*.

Everyone is welcome to attend this talk. Bring your questions! For more information, please contact Louise at <cutmewithafork@gmail.com> or 686-5424. For more about Tanis, visit <www.tanisday.com>. — Louise Adolph

Stop & Smell the Chocolate

# And I'm Not Even Mentioning the Outhouse Races...

What has pie, beer, cucumbers, sheep, lots of fender benders and Wayne Rostad? Sounds like a David Lynch movie set in Almonte, but it's actually the 153<sup>rd</sup> Almonte Fair.

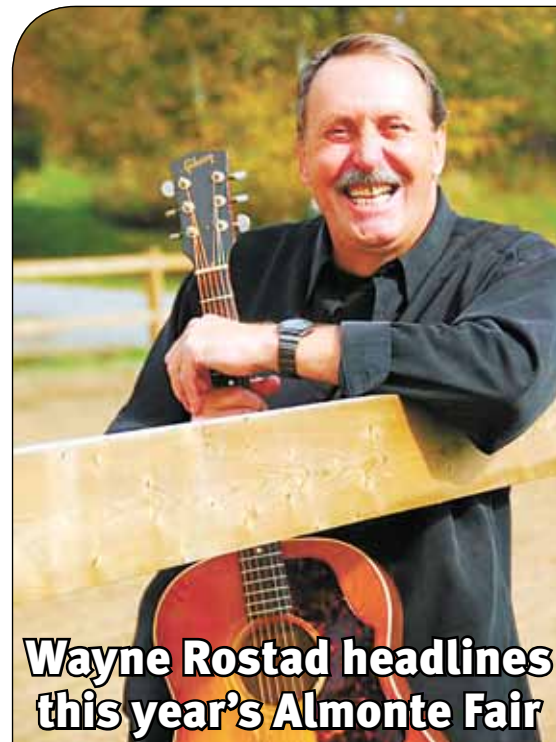
For those of you who grew up in the country it is old hat, but for me, having grown up in Montreal, it brings fond memories of trips to Britain and attending local

by Rona Fraser

fairs with my relatives. One day I hope to make my granny proud, by submitting some of my homemade brownies. Maybe this year — I see they even have a gluten-free category! Submit your entries by July 14, be they five radishes, three banana muffins, a table runner, the embarrassing sweater you knitted your son... the categories are endless.

After all of that hard work, you'll need to relax. Send the kids to the midway, peruse the fair entries, grab some snacks and a drink, and enjoy a show: Stool Pigeons on Friday, Wayne Rostad and Whiskey Sour on Saturday. The demolition derby on Friday might not be relaxing for most, but is fun nonetheless. And don't even get me started on the chili and baked beans cook-offs. Mmm...

Entry to the fair is \$13; free if you're under twelve. Midway bracelets are \$20 'til 6PM on the 14<sup>th</sup> — \$30 at the door — so get them now in Almonte at Sears and Home Hardware, at Nicholdon's in Pakenham,



Wayne Rostad headlines this year's Almonte Fair

at the Clayton General Store, or at SRC Music in Carleton Place. The midway opens at 4PM on the 14<sup>th</sup>. For full details, go to <almontefair.com> or pick up their black-covered booklets around town, and I'll see you at the Fair... probably in a line-up for food... on July 15, 16 and 17.



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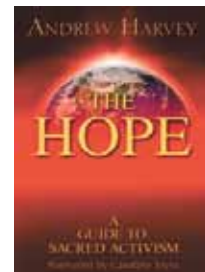
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# Paddle On for Soldier On

Every year, millions of Canadians and visitors enjoy the incomparable recreational opportunities offered by Canada's rivers and lakes. Sailing, boating, swimming and kayaking — our waters swarm with people of all ages enjoying the natural wonders of this nation. However, not all Canadians are able to take full advantage of what is offered.

These include the wounded and injured soldiers who serve and protect Canada. Some are veterans of the conflict in Afghanistan, which has claimed the lives of 155 Canadian soldiers and left hundreds more wounded — too many of whom have lost limbs or suffered traumatic brain injury and other serious consequences of combat.

To call attention to their plight and to the opportunities open to all Canadians to help, two retired members of the Canadian Forces, Sergeant Marc Belanger, CD, and Master Corporal Robert Mullan,

CD, will kayak from Kingston to Ottawa, via the Rideau River and Canal system, from July 30 to August 7, under the name Paddle On for Soldier On.

Their purpose is two-fold. First and foremost it is to raise awareness about Canada's wounded warriors and the Soldier On Fund that supports them. Second is the specific goal of raising money for the fund.

The fund and the overall Soldier On program have a simple goal: to help those who have sacrificed for Canada attain and maintain a healthy and active lifestyle. Through sports and recreational activities, those who have suffered injury and illness while serving in the Canadian Forces can achieve a quality of life that might otherwise be out of reach.

Overcoming injury and illness is never easy, especially when combined with the trauma of combat in a foreign and hostile land. Not only must the body heal and adapt to the loss of limb, but the mind must make that adjustment as well. Enjoying the same recreational opportunities that millions of others do every year is at least a good start.

For more information on the Soldier On program, see <cfpsa.com/en/corporate/soldieron>. To donate directly to the Soldier On Fund, go to <cfpsa.com/en/psp/soldieron/donate\_e.asp>. Please indicate "Paddle On for Soldier On" in the Name of Fundraising Activity box or with your mail-in donation. Corporate sponsors and private citizens can show their appreciation for their fellow Canadians who have sacrificed so much by their individual donations.



You can follow Sgt. Belanger and MCpl. Mullan's fundraising progress, as well as their kayak trip, on the Paddle On for Soldier On blog at <po4so.blogspot.com>.

# C.P. Mitten Project

Carleton Place in Bloom, Arts Carleton Place and the BIA are coordinating a community project — Feel the Warmth — where local artists, school groups and community members are invited to paint large wooden cutouts of mittens. These fanciful and unique creations will be hung from lamp-posts throughout the downtown to offer a colourful daytime display to complement the existing lighting and Christmas-themed decorations. It is intended that these art works be completed by October 15, to be hung up in November, for enjoyment through to March of 2012.

Registration is only \$10 per mitten for artists and community members. This fee is to help cover the cost of paint supplies for the various school groups who chose to participate. Guideline information and paint material criteria will be supplied at the time of registration. This is not a contest and every creation that meets the guidelines will be displayed. Get your thinking caps on and creative juices flowing. We hope to have eighty pairs of mittens ready by October 15!

Questions? Call Debby at 257-1014 or email <dlytle@rogers.com>.



The prototype mitten pictured above was created by local artist Strachan Johnston



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